

The 12 Lessons of Oneness

A Series of Twelve Energy Transmissions



Message Ten:

Claiming Your Gift of Divine Presence

*Delivered through Wisdom Teacher Sri Ram Kaa & Angelic Oracle Kira Raa
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Archangel Zadkiel speaks:

Yes, hello. Beloved Ones, before you now is a great, green emanation that is coming forth from many crystalline worlds that have reunified with great healing power being projected and directed towards your world now. Your world is being held in a great cocoon of healing energy, and in this healing energy it is a great gift to recognize that each has the capacity, the recognition, and the understanding to bring forward great healing in this time now.

Activating within Wholeness

You may say, if we are in Divine perfection, why do we need healing? We offer to you, Beloved Ones, let go of what you would call your Webster's understanding of healing. To heal, to be present, is to be fully activated within wholeness. To activate within wholeness is an opportunity to recognize that a healing is a "wholing." Let us substitute this word for thee so that you may have greater understanding of the compassionate action and the wisdom that is coming forth and birthing through this green and emerald energy. Compassionate action and wisdom together are the energy of the Divine through your beloved bodies that is present in this world and in motion now.

In your world now, all is in great expansionary experience; is it not? Yes, it is. And as all is in great expansionary experience, each experience will become bigger and bigger and bigger, bigger than life as many will say. And so what would be a run-of-the-mill experience will become very, very big, very, very often. And this is a gift when you are in Divine connection with the energy of becoming whole, for in the energy of becoming whole your wholeness will become bigger, faster. Whoo! We love this!

*And as the energy of wholeness comes forward, and as the energy of healing is declared by many,
within the gift of the healing, within the gift of the wholeness there is a Divine Presence
seeking to reemerge with each heart.*

Spinning the Divine Merkabah

For many of you now, you have been opening and working with the Divine Merkabah of the face. The Divine Merkabah of the face, when spun with great breath, will bring forward, as you would say, a great wave of



wholing or healing that will start at the root chakra of the traditional spine area and lift up this energy, transmute it through the heart, and spin it so that it may be fully embraced with great love, presence, passion, action, knowledge, wisdom and surrender into wholeness.

To surrender into wholeness is a great gift, for what it is to surrender is not to give up a cause, not to give up a recognition. To fully allow the presence of wholeness to come forward is the opportunity to be within your own Divine heart center in a manner of expression that emanates out over 100-fold around thee in your energy field. Imagine yourself in this moment 100-fold bigger, taller, wider. It is a gift, is it not, especially when you can offer to yourself the opportunity to go beyond the cosmic passages of the highways of this world.

There are many cosmic passages that are realigning and opening now. There are great portals that are opening and spinning and twirling and swirling as they would say. And because of this, in the great spinning of realignment that brings forth a whole energy, if you are unable to spin with it, then you will spin through it. And for many who spin through, chaos will be the first sign. To spin through an energy field of Divine wholeness, without recognizing you are within it, can only bring chaos until one is able to embody the gift of the spin.

This is why it has been offered to you, the many lessons around the Merkabahs of the face in connection with the Self-Ascended state of the chakras opening up a golden portal of Divine connection. This is a gift for you to work with or not. It is your choice.

And as you have the many choices before you now, your daily -- daily -- daily momentary second-by-second, millisecond-within-millisecond energies are expanding 100-fold with you.

Have you noticed the expansion of time around you, the fluidity of time, the impossibility to fully align with linear time?

Even those who wish to fully align with linear time are holding on like a fly on fly paper saying, "Get me off of here," and yet they are stuck, flailing to leave. Beloved Ones, it is simple enough to remove the stickiness of the fly paper. All you need do is stop resisting and be.

To stop resisting and to be is a recognition and an understanding that beyond this world, beyond this space and time, there is a great presence of wholeness, of healing, and the energy of green is restoring to your planet in many ways and many forms.

Being Present to the Green

Look around you and be present to the green. Pay attention to the illumination of green. Go within the green and find the Crystalline Ray. Offer to yourself the recognition that where there is green, there is healing; where there is healing, there is wholing; where there is wholing, there is the Divine love of the universe manifest through you now. You are the Divine love of the universe manifest through you now.

Beloved One, the Lightbearers, the Torchbearers, those who are the Wayshowers, those who are the Custodians, those who are the Guardians, those who are the Wisdomkeepers, those who are in each way of being, are fully



resonant in birthing now again. Great communities of Light are crying out with great united voices saying, “Hello. Here we are.” And many are hearing, and many are not.

Beloved Angels, when you stand in a dark room and you sit with your eyes open, eventually you adjust to the light; do you not? When one ray of light comes into the dark room, it may even hurt your eyes. You have a choice to readjust to the light or to run back into the comfort of the dark that you were adjusted to. And when the great ray of light comes forward, more shadows are created, are they not? And so where are you comfortable?

There are more shadows present as there is much more light present. What a celebration of being in form, for in your world all is alive, all is expanding. In the Allness energy, all is present now. In your world, the ascension portals have all been opened. In your world, the crystalline grids are realigning.

In the fluidity of your world now, the energies are coagulating, very much as a wound when it heals. When you have a wound on your body and it seeks to heal, the blood coagulates so that the skin may come together so that it may, indeed, find a new way of being to be resonant, to be whole again, to be healed again. Perhaps whenever there is a wound, there is an opportunity for a great healing. Perhaps when there is an opportunity before you of a Being of Light expressing with great emanation, there is an opportunity to reconnect with your Divine Presence.

Beloved Ones, within a world that contains light and dark and shadow and all shades of all color, where do you find your heart?

Where do you stabilize your wisdom?

How do you understand the gift that you are?

Pay Attention to Your Body

Beloved Ones, in this world now, in this moment of linear time in the reunification of Allness into Oneness, it is your bodies that are your first line. Your precious bodies are step number one in speaking to you with Divine integrity. This is not new. You have heard this before, yet it is important to pay attention.

Your body will always show you exactly where you are seeking wholeness, where you are reclaiming expansion, and where your healing has come forward.

Pay attention to your body.

And as you pay attention to your body, your mind will come forward and try to seize control, will it not? It will say, “But so and so said it’s this. But so and so said it’s that.” Beloved One, what is a so and so? This is a fun work for us because it could be a see and a saw, up and down, playing tennis back and forth. When you offer to yourself the recognition and the opportunity that a so and so offers to you the gift of Divine self trust, then your body can be ever more powerfully aligned with your truth. And when your body comes forward and you pay attention, then you move into the recognition of heart-centered expanded action, understanding that you are, indeed, present; understanding that you are receiving in every single millisecond of your existence here.

You have not ever not received. You receive breath; do you not? Yes, of course you do.



And when you receive breath, and when you receive the gift of breath, and when you allow this breath to fly through your body and illuminate you, you again receive life, restoring itself moment to moment, cell to cell.

Bringing Forth Miracles

And as each cell restores, as each moment of rejuvenation comes forward, you offer to yourself the gift of Divine recognition and presence. In the gift of Divine recognition and presence, your world now is waking up to a greater understanding of her Divine divinity. We do not say this to play words with you. We say this to help you understand the divinity of all gifts of Divine expression of energy.

When energy is put into motion with heart-centered action, miracles occur.

What is a miracle? A miracle is nothing more than you and your wholeness without any doubt, period.

Would that not be a miracle? To be in your wholeness without any doubt, and to be in your wholeness without any doubt, expressing that gift every moment of every day, everything aligns. Everything.

You no longer need to write little affirmations. Right? We hear these. Please give me. I want. Bring to me now. Oftentimes it has to do with money; does it not? Oftentimes. And oftentimes it has to do with a partner or other -- other availabilities. When your heart is fully available, when you can walk with the Divine as a smile of inward recognition at all times without doubt, you will not need to ask for anything. Imagine your world without having to ask.

You will not have to ask for world peace because you are it. You will not have to ask for your partner because they are there. You will not have to seek because you, my love, have been found. And you've been hiding in you the whole time!

This is a ruby slipper moment, is it not? Yes. You put on the little slippers, you click your heels three times, and go, "Here I am. Here I am. Here I am. Yippee-i-o-ki-yea. Here I am."

Yes! Because, Beloved Ones, you are. You have always been. You are and you have always been. And as you are preparing to cycle into yet another extraordinary way of being, structures change; do they not? This is a good thing. Because when structures shift, which is a better word choice with your vocabulary than "change," when structures shift, it offers to you the opportunity to breathe, to be, to pay attention to what is trying to coagulate inside of you.

Releasing the Insanity of Perfection

Is negativity trying to coagulate? Is there an energy coagulating around you of love and joy? Are you in blissful surrender to the truth of who you are? Are you aligning with the many miracles that are already presenting themselves in your life? They will always present because, Beloved Ones, to seek perfection while you have a body is and of itself a false security. How can you be perfect in a body, and yet you try so hard and get frustrated; do you not? It is not perfect, perfect, perfect. You are in an imperfect body. Hoo hoo! It is a gift of being here.



You see, Beloved Ones, your bodies are fluid and they change. You are born one size. You are not that size now; are you not? See, your body has changed. What is perfect for you at two months old is not perfect for you now. What was perfect for you yesterday may not be perfect for you now. Thereby, if you strive for perfection, it is another word for what you would call insanity. Yes! And perhaps in your world, striving for perfection, you have created an energy of collective insanity. Just a thought. Yes! Because, Beloved Ones, in the understanding of collective insanity, you find peace.

You recognize that to play in a world of illusion and to aspire to be perfect is a wonderful, fun, insane adventure. And one day you take off your straitjacket and you are free again. Yes! You realize, “I am free to no longer be insane.” Yes! We offer you these words simply so you can feel the gift of illusion. The gift of illusion is a gift. It is a gift because, through illusion, you get to experience everything. You experience yourself as foreign. You experience each other as gifts of joy and love. You experience Allness. You experience everything there is to experience while you have a body on a planet that loves you so much that she will support your shift. Your planet is not involved in your shift; your planet is supporting it. She is responding to your request. She is responding to your request.

Finding Divine Presence

And so, Beloved Ones, what are you requesting? This is the gift of interactions with all. Every interaction, we did not say just some. Every interaction will bring forward for you an opportunity to find your Divine Presence without doubt.

And when you find your Divine Presence without doubt, you run up to each other, you grab your shoulders and you say, “I am, and I know it.”

And they look at you and go, “Whoa! Okay. Okay.” But, Beloved Ones, in a world of insanity, it is okay to fake it till you make it. You can run up to many and put your hands on their shoulders and say, “I am, and I know it.” And they say, “Okay.” And it is an opportunity for you to experience feedback. How do you experience energetic feedback from your world, from your peers, from your people, from your animals, from your trees, from your grass, from your air? Your air is offering you feedback. Pay attention to how you breathe, where you breathe, and what you experience. Your trees, your grass, are offering you feedback. Your beloveds are offering you feedback. How do you experience them?

And then, Beloved Ones, we wish to remind you once again. Then you take your hands and you activate the Merkabah of the face. You take the middle finger of what you call each hand, and you bring one to the top of the Star Consciousness area, and you bring one just to the top of the throat, the top finger activating the pyramid going up, the bottom finger activating the pyramid going down. And you take in a deep breath and you exhale, and you feel yourself in Divine bliss.

Beloved Ones, as you do this and then you move forward into the spinning of this Merkabah, you recognize that you have always been sane, that you are, indeed, present, and that the gift of all experience is fully coming to resonate opportunity for shift now in your world. Beloved Ones, how do you seek to be with the shift? How are you expressing? Because in this moment now, in your world right now, as you are with us right now, a new day has already begun. How do you wish to experience it?



Your body is constantly changing, constantly renewing, as are you, for you are not your body and you know this. You are the gift of Divine Presence.

*And as the gift of Divine Presence sharing wholeness with the world,
embrace the Divine gift that you are without doubt, and all is well.*

We will take your questions. Yes?

QUESTION: Hello. Recently I had a great opportunity -- it was such a gift -- to be standing under a double rainbow, and this particular double rainbow had turquoise on the bottom, and it was the first time I had seen that, and it was shimmering down to the planet and over me. I thought maybe you could expand on that a little further on the new turquoise color that is coming into the rainbow.

ANSWER: Yes, and there are more coming. Yes, there are. To say a shimmer is very well said because the emanations of all the rays are coming forward. This is very much tied in to the emerald green ray we have discussed today. This is why you have seen it as the turquoise. The visceral, visible energy of the conduit of Divine portals of many galaxies are opening on your worlds now. There are four key points where they will become very, very visible. One is this area of what you call, this country, in what you call New Mexico. Yes. One is in the area of what many call Guatemala in the highland lake region. One is in the area of Peru where many call Titicaca. And one is in the area of the headwaters of the Ganges in India. These four areas will be Divine energy portals that will bring forth all of these new colors, as you say, and yet we giggle because they are not new. They are just finally visible. And so it is. Many blessings. You are welcome. Yes?

QUESTION: I have a question about being present on the planet and going through the joys and sufferings of life here. I had a person who, last week, chose to take her life. The interesting thing about that is I feel very connected to that, and yet it's a person that I had an experience with years ago who could -- I found really bullying, really kind of bullying personality. I just wondered about how to integrate those feelings and -- and help support the upliftment or the -- wanting more understanding about how we all are here. Sometimes it's great suffering. How come some people choose to leave rather than go through it, like through suicide, rather than go through it and continue this kind of path.

ANSWER: This is a powerful question, and there are many who are glad that you have asked. This is a very powerful question. We must first offer you, as a personal note, the one who has crossed over has still not found their way, and this is the connection you feel. They are quite trapped in an area, and the gift and part of the Divine, perhaps we would use words "bigger purpose," is for you to open up your ability to assist because you have within you a capacity to help many who are lost cross over, and this will arise within you very strongly over the next few years. This is but one of four experiences for you over the next two years. As far as your greater question of the energy of pain and how many in this planet transcend the energy of pain, let us first remind or share, whichever word you choose to take that feels comfortable, that your experience, the great experience of being on this planet and being in body, pain is part of the gift.

You come to experience everything, and so there is not one on this planet that will not experience some form of pain. The expression of pain and the expression and expansion of the soul energy in form in this world now



will move forward with great presence. Many are escalating now, and some are opening up and falling into what we will offer to you in description as the energy of the astral realm, offering them solace, let us use that word, as in the expression of the one who you know who just left. The astral realm right now is the closest it has ever been to your world, and it has been highly magnetized by many. In your world now, there are many who are empowering it without even understanding they are. They are empowering energy that has great strong force and bring many false messages.

To fall into the astral energy can bring one into an opportunity to say, "I must transcend." The gift of transcending and then having one that is present and awake assist through the transcendence of the astral realm is a powerful opening of a portal for many that will mass ascend off your planet and be able to find their way. The portals through the astral realm must be cleansed, and there are many volunteers who are doing this now because their work in this world now is no longer needed or necessary for their soul completion.

Now, Beloved One, we are offering you much more here. Let us offer you one more aspect, understanding of this. Many of the souls in your world now of the six billion plus, plus now that are in your world are volunteers. Many, many are refracted of refracted. Many are souls that have been split many, many times to accommodate all of the vessels that are on your planet now. Your planet is at the time of the reunification of Oneness, and each soul will find its way to Oneness. Not all need to be here to continue the journey. And many now are seeking anchored energies with those who are in the realms of dimensional opportunity and crystalline energy to be present. This is good for you? Excellent. Good. We are glad. Many blessings. Yes? Behind her there.

QUESTION: What about holding presence? Holding presence.

ANSWER: Yes. We liked hearing you say it twice: Holding presence. Holding presence. It is good. Yes. We love to talk about holding presence as literally holding a present, because you are the present; are you not? When you wrap yourself up in a beautiful bow and you present yourself in each moment as the Divine gift of light without any doubt, you become Divine presence, and you are the present. You see, Beloved One, to hold presence is as simple as recognizing that everything, everything, EVERYTHING is happening in Divine perfection. And to allow your solar plexus to be in a spacious, blissful manner as you interact, to not ever interact and take in anything that disrupts your joy as being personal, because it never is. It never is. It is only through the interactions with each other we begin to believe that a projection is personal, and that as we take in the personal projection belief, we become self-fulfilled with hatred and guilt and doubt. When we can stand as Divine Presence as the presence of any and be the present, then what we offer is the freedom of that one to discover their own Divine present. And then every day is a joyous holiday, is it not, because you are here. You are breathing air. Your eyes see, your skin feels, your heart expands, and all are better because you are here on this planet right now. Beloved Ones, it is a gift to be with you, and we are, indeed, so fulfilled to see your energy expanding from Allness into Oneness.

***Answer your own questions. Be present with your heart. Know your truth.
And all is well.***