

## The 12 Lessons of Oneness

### A Series of Twelve Energy Transmissions



#### *Message Eleven: Commanding Your Divine Infinite Presence*

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Archangel Zadkiel speaks:

(There are) those who have been incarnated many, many, many, many times. Indeed, Beloved Ones, as you move forward now in your world, the time of Divine command of the mastery of your Infinite Presence is most imperative; is it not? Yes, it is. We offer you this, “Yes, it is,” because when you are able to command your Divine Infinite Presence, you are able to let go of the habit of what you would call a victim or savior mentality. This can be most alarming to listen to and it can be most delightful to listen to.

#### **The Gift of Your Divine Presence**

Beloved Children, in the energy of your world, in the Divine incarnation that you are in now as you have these great and glorious forms of physical bodies, the gift of your Divine presence is that in each and every breath, contained within the energy of your breath is the presence of your Divine soul, as you refer to it.

*This Divine soul is a great and extraordinary gift that comes forward through the release of doubt and the anchoring of a heart that says to the world, without ever saying a word,*

*“I understand. I am. And I always will be. I understand, I Am, and I always will be.*

*I understand, I Am, and I always will be.”*

You see, Beloved Ones, in the energy of this Divine universe, in the energy of the universe that has brought forward what you would call this Gaia experience, your feet get to walk, your eyes get to see, your hands get to touch, your skin breathes as your lungs breathe, your cells, your blood, your skin, your hair, all of you is a Divine component of the essence of the Divine Energy ever-pulsating, ever-swirling.

We wish to talk to you first about pulsation. You say, “Okay.” We say, “Good!” And so we shall share with you about the Divine pulsation.

#### **Seeking Harmonic Balance**

Beloved Ones, in your world, the Divine pulsation energy is often attuned to what many call vibrational frequency, the heartbeat of the universe, the heartbeat of the planet, a Divine “hum” as they say. Each soul



signature, each Divine blessed being carries within their own pulsing heartbeat. For some it is steady, is it not? It is a steady beat that keeps on going day after day after day, and for some it is a bumping beat. It is thumping, it is heavy, it is loud. And for some it is very rhythmical and very soft and very quiet, yet together they form a Divine chorus; do they not?

*When all of these Divine pulsations come forward from an anchored heart center, it is there that you hear the harmony of the Universe and experience that harmony as you interact with all of these Divine pulsations, each in expression in your world now.*

In your world now, there is a great seeking of harmonic balance that is coming forward in many different ways. This harmonic balance has been seeking a new level, so to speak, of resonant being for many, many, many ages. These ages have moved energy around your planet in a pulsating manner. Many times you have what many would call “earth changes,” be it earthquake, be it tornado, be it a group of beings in Oneness singing. This, too, creates an earth change; does it not?

So as all of these earth changes add to a collective harmony, the energy, or as some have defined it, the serpent of your world, or the kundalini of your world -- so many names have been given to this -- has moved and shifted around your planet...a Divine, beautiful gift to watch this energy move and shift. And many of you have been like the little one out there saying, “I will catch the lion, even though I am only two years old.” And you have your little spear and you run around finding that lion life after life after life. Is the energy here? I will live here. Is the energy there? I will live there. Is the energy here? I will live here.

## Seeking a Savior

Beloved Ones, it is in the pulsation of the energy in the connection with density in the veil of non-remembrance that a savior mentality was born. Because in that veil, the gift and, indeed, the resurrection is to remember that there is none that can save you from yourself.

*You are. You Are.*

*To seek to be saved is to say that you will not command the truth of your universal presence.*

In the seeking of saving, you open up thyself to projection. Often you will understand that you are in a seeking mode when you feel a need to call protection around yourself because the outer self is the only self that could ever believe that you are not already Divinely, infinitely protected. You are in all ways protected. You are in all ways in action of Divine perfection of the universe.

Even as you seek you are in action of the Divine perfection for, indeed, what would the purpose of seeking be? Your heart asks this question and already knows, the purpose of seeking is to remember the truth of your Divine empowerment, and you will seek until you have found. And the gift is that this world, this extraordinary world of pulsating vibrations and many heartbeats and harmonies, will hold you until you say,

*“Aha! I have done it. I remember. I Am. I am home. And now I stand in my presence freeing others so that they, too, may be in their presence.”*



Beloved Ones, your world now seeks to support your Divine harmony and yet this Divine harmony is seeking a new balance. Pay attention to the harmonies you hear. Are you ever in your cars? Yes, your little cars? You pull up to what you call stoplight, you hear, “boom, boom, boom.” How do you feel? What do you feel? Okay. Then you ask, “What in my life is seeking balance now?” Or perhaps you pull up and you hear the harmony of the Universe and you sing along with it. What in your life is ready now?

You see, Beloved Ones, how your physical body, how your heart, how your spirit, how your mind, how the full integrated presence of all that you are responds to the universal harmonies that have unveiled themselves now is the great gift calling you to say, “I am home right here, right now. I am Divinely guided, and all is truly in Divine order.

### **Walking in Oneness**

Beloved, Beloved Ones, we beseech thee to understand one thing. As your world has been culminating through the energy of Allness, Allness-ness, much Allness, yes? Allness without limitation, meaning that all will show itself. All will be present without limitation and without judgment. As you have been expanding, expanding, expanding, expanding into Allness very, very beautifully, you are simultaneously reintegrating yourselves as Oneness.

Allness and Oneness are not the same. In the Oneness, the Allness has found balance. In the Oneness, the Allness is revered as the expression of the Divine that has offered the gift of reunification.

***To walk in Oneness is to smile with the recognition that all is well.***

To be in Oneness with your heart, with your Divine mind, with the energy of your soul, is to jump up and down and dance often and say, “Whoo-hoo. The next step has come!” And you have bodies to do this with; do you not? And you have hearts to do this with.

The celebration of your experience is a gift of Divine clarity, for unless you can fully celebrate the gift of your experience, that Divine clarity will simply wait patiently until you can celebrate. Divine clarity is where you recognize that you are, indeed, whole; that you are, indeed, ready; that you are, indeed, now here to move forward.

***To ask the question of thyself, “What if? Should I? How can?” limits your experience. To lift up your heart and say, “I Am,” opens you to all experience because each is as you are and I Am.***

And, Beloved Ones, as you express yourselves more in this moment, in this expanding journey of Divine conscious reunion, the Oneness energy is you, has always been what you call the You, and will always be.

Beloved Infinite Beings of this precious journey, your world now is in a many, we call it “phase-shift experience.” To phase shift is to have the same thing move from one way of expression to another, yes? Water to ice, okay? There’s a phase shift. So as you are in this delightful phasing of shifting, as you experience yourselves beyond space and time, as you recognize the lack of coincidence and the absolute knowing of Divine guidance, substitute one word for another.



A coincidence is not. Divine guidance is. You may say it is a coincidence, however, perhaps with the recognition of Divine guidance, the coincidence becomes more meaningful, more expanding, more available to all of your cellular openings.

## Fear Offers the Gift of Freedom

Beloved Ones, there is, or should we say there are, two energies on your planet now that seek to interfere with your freedom. Number one, fear. You know this already. Fear interferes with your freedom; does it not?

*There is no fear in freedom. And so to be truly free, you recognize that within you any fear is saying to you, "We encourage you to be free! We encourage you to be free!"*

When you feel fear, perhaps it is a good time to say, "Yippee! I am free!" Walk through this fear in any way that makes you comfortable.

*And sometimes the best way to walk through your fear is to dive deep into it, to really feel it, to understand and look at all of the things, and then to allow yourself the gift of Divine recognition that fear is an illusion created by an energy that is afraid of itself.*

Many in your planet call out and say, "I am afraid of my own power. I am afraid to fully come forward as my truth. What if I do? What will my friends think? What will my family think? Perhaps they will think I am crazy." Okay. Let them expand, too. It is a gift when you allow your own freedom to be the precious gift of your heart, the precious gift of your presence, the precious gift of your being.

In a world where fear is a pervasive energy that would seek to interrupt you, it feeds, Beloved Ones, on the second energy, which is a very simple energy. It is known as doubt. When you take fear and you add doubt, oftentimes you breed anger. And fear plus doubt breeding anger enters into a world where anger plus fear will equal hatred. And whenever you find these components, if you wish to unravel judgment, then unravel your fear and unravel your doubt, because, Beloved Angels, the only doubt that exists is truly when you doubt the truth of your own mastery, of your own masterful presence.

**You are. This cannot be taken from you unless you give it away through fear and doubt,** which are an incredible powerful combination born in a world of density to offer you rich experience.

## Stepping off the Fear/Doubt Train

Have you not had a great train ride on fear and doubt? Yes! This is a seven-ticket ride! It's a biggie and it is a good one, because when you offer to yourself the train ride of fear and doubt, there is only one place to go. You can either hold on like crazy and ride and ride and ride until you make yourself sick, literally, or you can say, "I want off of this ride!" and you truly can step off in the instant you decide to step off.

*When you jump across the cavern and say, "I declare now: I understand and command the energy that has always been to work through me as a servant of the Most High, recognizing that everything I do, everything I say, everything I Am is a conduit of Love, a conduit of Light and of Highest Wisdom," yet you must believe this of yourself, Beloved Ones, before you can command it.*



How can you command from doubt? You would say, “I kind of sort of wish I could.” And this is a good start perhaps, “I kind of wish I could.” Good! Then move to, “I wish I could.” Then move to, “I could.” Then move to, “I Am.”

Celebrate each step. Celebrate each moment of conscious awareness. To simply offer a question, to simply wake to the recognition that you are ready to move beyond is and of itself an extraordinary gift. The more you celebrate, the more you honor, the more you bring forward, the more you understand within your own beautiful heart that You Are and have always been, then all fear cannot be, all doubt erases, and then anger and hatred have no room to even grow.

***Within your heart, Beloved Ones, carry the gift of your Divine soul, carry the gift of your Divine light, and recognize that Oneness is not anything that can be given to you.  
It is simply the memory of you.***

Take a deep breath. Oftentimes your bodies are in the habit of holding breath when you are in the truth of yourself. It’s an “Oh, my goodness” response. Breathe often and pay attention when you stop breathing, because when you stop breathing, you have said, “Oh my goodness. Can I take this in? Can I be?” It is so! Yes, it is! And you know this.

We will take your questions. Yes?

*Question: I would like you to address the kundalini energy that is now moving across the world, the serpent, that has moved up into the Himalayas -- I mean from the Himalayas up into the Andes actually, and we’re at the beginning of this 13,000-year cycle. And what does that mean for us now?*

Many things.

*Question (continued): What does that look like for us now on the planet?*

This is a powerful question, one that is important to understand. For many, many years, as you would call them, the crest, so to speak, the power center of this energy, which has carried with it a spiritual tenacity, has been in the Himalayas, as many call them. This is why, in your world, many have referred to India as the Mother of All Spirituality in this world. However, as this energy has already moved and has now transcended, what you see in India is a new rise in capitalism and commercialism and a lack of -- how should we offer this to you? -- a lack of understanding that even though the energy has moved, the spirit does not need to move with it, and this is what is important to understand.

What you will see is a great reconfiguration and a rise of four new, what you call “powers” in your world. These four new Superpowers will be jockeying for position, looking for very new ways to express themselves, each believing that they are deserving of the right of what is known in your world as supremacy which is only born from the energy of fear.

To be in one way for a long time and to suddenly be free to be another way brings with it great risk of manipulation if the heart has not been anchored. India, Tibet, Nepal, Bhutan, all of the areas around there,



Bangladesh, many -- many -- Sri Lanka, are all being called now to remember their heart. If they forget their heart, then they will find great new challenges that they are unprepared to deal with at this time, because it is the heart that is being asked to be remembered because the energy has moved.

Now, simultaneously, as this energy has moved to what you call the Andes, this energy is actually spreading. It is not just in the Andes. This energy is spreading, and it is like a beautiful lotus flower, indeed. So if you were to gaze at the petals. There are 16 petals of energy that are birthing from the Andes, and if you were to offer us little map, we could show you these 16 flowers and how they look. And these 16 flowers, the eight of the eight, the heart of the heart, this blossoming and anchoring, is asking and inviting ancient wisdom that has been carried on for many generations, to come forward in connection with universal recognition without hiding. Many, many hide what they claim to be secret out of fear of manipulation, yet in your world now it is the heart as the integrity of the revelation that will indeed inspire the greatest movement ever. And so there is great risk where this energy has moved. It is, by far, not stable. It is still stabilizing. And while the areas of the East that we have already mentioned predominantly centered around what you call India, are stabilizing also, they are finding their new way as this area is finding its new way.

Many Light Workers -- we say again, MANY -- many Light Workers will be realigning themselves, visiting, moving, shifting, offering great masses of people coming together showering and holding presence together because when the world is in the process of the shift of the ages, as you already are, you do not need to wait for what many people are waiting for. They are waiting for many things.

***You must act now. You hold your presence now. You follow your heart and go where you are called, knowing that the Universe abundantly supports you when you go from your heart for the first reason to go.***

And so it is. Many blessings.

*Question: Number 12 and 144 keeps coming and coming and coming. There also seems to be a connection with the Blue Starborn and Christ Consciousness, and I wonder if you could elaborate.*

And Krishna, and Buddha, and all those that we could name. We could sit here forever and name all the names of God; could we not? Yes.

All of these, Beloved One, are, indeed, coming forward; however, there is a very profound energy of the 12 and the 12 times the 12 that is coming forward into your world now. This energy of the 12 and the 12 times the 12 will first burst forward like a child crowning with its mother in the year you call 2010, which is your first 12 year. The year next year of what you call 2009 is a year of great tumultuous balance. Hmm! We like this -- tumultuous balance. It is a year that says, "I am ready to live all of my choices. How am I really doing it?" And so balance will find its way. How it finds its way will be up to you and up to your world, collectively.

To march forward in the energies of universal Divine reconnection is also a great revelation that by the year 2010, there will be a new paradigm of what is an extraterrestrial. It will be redefined, as they say. They will simply find a new definition by the structures of those that have been here because they choose not to let go



of their structures but yet must acknowledge that which has come forth. So there will be an interesting press release. Let us put it that way. Yes.

And so, Beloved One, as you pay attention to the numbers in your world that are appearing to you, the energy of the Blue Starborn has already encompassed your planet again. After millennia, this beloved energy of the crystalline worlds has already come forward, and many, many will rise.

In your world now, those who carry darker skin carry the pigmentation of the Blue Starborn. In your world here, you see how the Blue Starborn are already coming forward to help America come forward again, and so it is a great gift to see this energy of the Blue Starborn move forward. There is great power and synergy in universal reconnection.

Pay attention to what you know. Pay attention to your heart. Pay attention, Beloved One. All those in your world now are realigning with their Divine beautiful gifts. All of them. All of the energies of your Galactic Brethren have been patiently holding space for you without interfering, for you are in a non-interference zone. You cannot be interfered with, however, you can **command** communication. You cannot have communication if you doubt! You cannot have communication if you say, "Prove to me!" That exactly is why you will not. You cannot have communication if you stand with an uzi in your hand and say, "Show yourself."

And so, Beloved One, where is your communication? Where is your commanding skill? Are you seeking or are you knowing? Each will have their Divine experience. And so it is.

Question: When it comes to healing our own self and being a form of an energy healer for other beings, how does that work? I mean, we can create great healing for others, but is there a way to uplift so we can also provide that for our own soul being and physical being?

Absolutely! Beloved One, it can be as simple as commanding the recognition that you are whole; you are complete; you are a healer; and you are healed. When you hold the presence as a conduit of a Divine energy to flow through you, all you need do is hold out your hands, open up your heart, prepare yourself with great gift of gratitude, and allow this to flow through you. It is truly that simple, and yet to achieve that level of understanding and deep connection is what can take many years. How you achieve that is each soul's guidance. It can be done in a moment; it can be done with others; it can be done any way that your heart calls you to do.

To hold that presence for yourself, we say, "Rewind." Get rid of fear. Get rid of doubt. Listen. Everything we have offered you today will answer your question again.

*Beloved Ones, we celebrate you as we celebrate this moment in this Divine and glorious experience you call life. It is with great love that we say, "Many blessings."  
And so it is.*