

Embracing an Ascended Life

A Series of Twelve Energy Transmissions



Message Five

Compassionate Wisdom

*Through Wisdom Teacher Sri Ram Kaa & Angelic Oracle Kira Raa
Delivered at the Howard Johnson Convention Center, Albuquerque, NM
February, 24, 2007*

Beloved Ones, it is with great and glorious hello that we welcome you today, and offer to you the divine blessings of all that is, and all that has ever been. As we move forward in this time, it is a great time indeed to recognize that compassionate wisdom is the energy which is most fluid in all of your tissues, in all of your bones, in all that is coming forward now.

Recognizing Compassionate Wisdom

You may say to us compassionate wisdom, tell us more. We would love to! And so, with compassionate wisdom, it is important to recognize that you are at the time when indeed there is a mish mash of information coming forward. You may say to yourself, *oh my goodness, I have at least a hundred kajillion bajillion emails a day with new information.* It is indeed a time when the wisdom, when all of the information is indeed abundant, is it not? Is there not great abundance of information?

It is imperative for you to pay attention however to your own divine knowing, to your own divine recognition, and to ask yourself: If I do not clutter my closet, why do I clutter my brain? If things feel constricting to you, if you feel that things are contradictory to you, then what is indeed in contradiction?

Perhaps what is in contradiction is that your own soul and your own heart are seeking one form of information, and your brain is seeking yet another. Pay attention to this, it is important. For many now are coming forward and many are saying this way, that way, up, down, back, forward, side, side, my goodness. And so, when you receive all of these hundred kajillion bajillion emails, when you have all of the information in front of you, what do you do? Where do you go?

And so, it is important to pay attention. So as you are now in the time of compassionate wisdom, you must first be compassionate with yourself. Is it not soon upon you, what you would call spring cleaning? Yes! Perhaps it is time to begin with your own information network, as they say. What in you could serve from a good thorough cleaning? And pay attention to this. Perhaps it is time for you to be compassionate with yourself, compassionate with the recognition that you have been feeding yourself much, much, too much to digest. When you eat too much, indeed, do you not feel that you must lay down and recuperate? Does your body not get sluggish and tired? Perhaps you must reach for little pill, little antacid, no? Yes!

Clearing Away the Debris

And we invite you to take an antacid for the brain! Yes! It is good. It is good for you to allow yourself now to say, I choose to get very clear and pay attention to that which offers my heart joyous upliftment, and when I find myself being taken away from joyous upliftment, when others tell me I should be taken away from joyous upliftment, when I am receiving, or hearing, or with information that asks me and invites me to challenge my own compassion, perhaps that is the time when you should Hoover it out! Get a big Hoover and have some fun! Yes.

You see dearest ones, in order to be compassionate with yourself, you must ask yourself, how much is too much? How much is too much? Are you ever in the process of feeling overwhelmed? Yes! And you can feel overwhelmed in many ways. Perhaps you are overwhelmed by an illness, perhaps you are overwhelmed by a pain, perhaps you are overwhelmed by an energy running through you and it is simply too much. Then you ask us to bring the Divine Hoover in, and we do!

And you allow your brain to relax trying to understand. You see dearest ones, in the brain's search for understanding, it will collect much debris, will it not? It will find debris **everywhere**, and you live in a very big debris zone. Much debris to choose from in many ways. Is this compassionate? Are you being compassionate when you allow yourself to collect the debris of eons? Perhaps for some the debris is good, because when we are covered by enough debris, eventually we wish to see again, do we not? Good, and then we find out how easy it is to clear it away. This is why we offer you this reference of a Hoover! Because indeed, you can flip the switch and use any setting you desire! Maybe it is bare floor and maybe it is thick carpet, it is ok, pick the one that works for you.

Divine Clearing with the Fragrant Breath

It is important to remember, that as you move forward with compassion, and as the compassion is brought forth to yourself, that only through your own divine compassion with yourself, are you able to bring forth the wisdom that comes only once you embrace the divine compassion of your own beingness. We invite you to practice often, the fragrant breath. Do you remember this fragrant breath? We offered this to you last month. And so, if you do not remember, go freshen up. And as you go freshen up, and as you allow yourself to understand the fragrant breath of Life, the breath of God, the essence of all that is, you shall call forth to yourself a divine clear space.

Embracing the Divine Energy of Compassion

You see beloved ones, there is a need for great compassion in your world. Compassion is an energy that can only come forth through your own soul's recognition that you are in divine harmony now. When you allow yourself to be outside of divine harmony, it is difficult to find compassion for yourself. And so many will transpose this compassion towards others, or towards one form of expression. For example, one may simply be compassionate towards animals, one may only be compassionate towards a specific energy that they feel aligned with. Is this true compassion? Or is this indeed a selective use of energy? And a great gift indeed, for in that gift, you see your own divine ability to be. You see your own divine energy to grow. You recognize that you have within you great strength and great compassion. Can you allow yourself to expand this energy ever more into all that happens, into every event.

Dearest beloveds, dearest ones, in your world now, is there not a great need to be compassionate? Is there not a great need to recognize that there is before you now, many incidents, many experiences, many illnesses, many experientialnesses, (ooh, cute word) that will allow you to become ever more compassionate. You see, you can use these, all of these, to become more compassionate, or to become more angry. Indeed is not the energy of anger and frustration most prevalent? It is VERY prevalent. Ask yourself, touch into your own heart, touch into your own body, touch into your own psyche. Where do you carry anger, where do you carry frustration? And then honor yourself for touching these parts.

To deny that they exist within you, is indeed not a compassionate act. Can you be compassionate enough with yourself to recognize that these energies exist to help you find your wisdom ever more? You see beloved ones, it is not the denial of the connection to this beautiful beloved world, it is the embrace of the energy and the experiences of all that has come forward to you now. You are at a great time, a **great time** of reunification!

The Gift of Divine Reunion

As beings of divine light, you have expanded and expanded and expanded from divine consciousness many times over, and now it is as if you have a big planet. Visualize a big planet, see streaming light coming towards it, and all of sudden, it goes "whoo hoo" around the other side. You are in the whoo hoo of your experience. Are you whooping it up? Yes! Because dearest children, as light beings who have expanded and expanded and expanded and refracted and refracted and refracted, you have now reached the time of divine reunification, and in order to move into the gift of divine reunification, you must begin by recognizing that the compassionate wisdom within, is **your** reunifying energy.



When you begin with this divine compassion expressed into your own being, it begins, first of all, by releasing judgment that it should, could or would have been different. Should, could, would. We find “wood” is good for chopping if you like. It makes good trees. We find that could has no value, because if you could, you would, and thereby it would happen, would it not? And if it should have been, it would have been, and oh my goodness, we’re back in a little circle again. Do you see this? Should, could, would, it is a trap.

Holding Compassion for Yourself

Perhaps you could offer yourself a gift of **It Is, I Am**. You see beloved dearest ones, compassion begins with the recognition that **You Are**, and you have always been, and you will always be, and in the divine recognition of **I AM**, you make a strong declaration of compassion to the divine source of all love.

Bring your hands to your heart, and feel within every cell of your body **I AM DIVINE LOVE**. Can you feel that? And yet there are many who will not even do that, and that is ok too. But as you bring your hands to your heart and you allow every cell in your body to recognize this, from that knowing, from that **DIVINE COMPASSIONATE ACT of Receiving That Divine Gift**, in that process you already understand and can trust the gift of you. You are Divine Love. You are Divine. You have always been and will always be. There is not anything that could ever stop that. Nothing! Can not happen! And so, it is imperative for you to recognize that in the time of compassionate wisdom, it is one of the greatest gifts you can bring forward right now, because many, many, **many** are withholding compassion from themselves.

How often does one withhold compassion from themselves? How often do you still flagellate until you are bloody, whether it is in physical form or not? There are so many of you here that have spent so many lifetimes so dedicated to serving God that some of you even let your bodies leave out of perceived service to God. And if you did not do it yourself, although many of you did, others did it for you out of their own belief that they were helping you.

Can you be compassionate enough within yourself to stop self-flagellating?

Can you give yourself the gift of recognizing that you are the divine love, that in your presence and your recognition, that the compassion that you bring forward onto the planet now is the compassion of God in every aspect?

*Can you recognize that every life experience has been a divine gift to bring you to this point now?
And if you can not, are you able to stop judging yourself because you think you can not?*

Aligning with Compassion

It is imperative for you to simply celebrate the divine gift of being together now, of being here now, because you are at that time, the sling shot has occurred. You have expanded expanded expanded, expanded expanded expanded, expanded expanded expanded, and now you are reunifying. And the energy of reunification is very different than the energy of expansion, and because of that, is it of course then understandable that everything’s shifting. For those that are holding onto expansion, feelings are going to be quite tight. If you pull a rubber band as far as it will go, how do you know when it will snap until you are being stung by it? You can keep pulling, pulling, pulling, pulling, pulling, and you go a little more, little more, little more, owchie! Some need the owchie, it is ok, and some are ready to say enough, my arms hurt, I let it go.

What is it that you are looking for in your compassion? How do you call forth your compassion? Everything that you do, everything that you eat, everything that you drink, everything that you say, everything that you think, everything that you move forward with, ask yourself, does this serve my compassion? And does this offer compassion to the divine love that I am? And then continue. Perhaps you can offer just this one perspective into your daily routine.

Legions of Angels Come Forward

We wish also to speak about the many who are choosing to transition now, because before you, there are many who are transitioning. We wish for you to know that those Beings of Light have agreed to come forth now, because the multi-dimensional realms are indeed



becoming more and more together, and as they have become together, as the 5th dimensional overlays have now come forward into this world so clearly, an army of angels is being called to assist, and this army of angels is led by those who we humbly honor. And who we are so grateful that they have volunteered for this time. If you are honored to meet one of these angels, get on your knees before them and thank them. There are many before you now who are coming back, because we need them, as you need them.

Know that we are only offering this to you now, because all of you will be affected by these. All of you. And your world will need compassionate wisdom to understand why. Before the end of what you call this year, there will be thousands crying out why. You must have the compassionate understanding within your own beingness, and it is then that those angels, that legion that is coming forward now, will be visible in many undeniable ways.

Acknowledging the Wisdom Keeper Within

You are at a rapid time of energetic knowing. And so dearest ones, trust that you are in the divine moment at all times. You are in the energy of reunification, you **are** compassionate wisdom. Can you allow every, every breath to be the compassionate wisdom of God. Are you willing perhaps to let go of should, could, would, we get dizzy even saying it again. Allow yourselves to recognize that you are loved as much as you could ever understand in the brain (if a human), and then go well beyond that and allow yourself to embrace compassionate wisdom. You see beloved ones, each of you carries great wisdom in you now, great wisdom. Do you truly know how much wisdom you carry? Let go of any judgment inside of you that says you must do more, be more, have more, study more, know more. Perhaps it is time for you to allow yourself to come forward realizing you **ARE** a wisdom keeper, or you would not be here. How you wish to express that wisdom is the gift of being here now, for you each have your own **compassion**. Gift it towards yourself to express that wisdom.

Beloved ones, we adore you. We are on our knees before you. It is a powerful time. It is a powerful time. You are ready for this time. You have spent lifetimes expanding, now allow yourself to joyously reunify with the compassionate wisdom of the truth of your own beingness. Take every incident in your life, and perhaps even for one day, and then maybe for one week, and then maybe for one month, and who knows where you go from there... You can let everything be determined by the compassion this offers you. How does that sound to you? Good. We will just take a few questions.

Q: I would like to live more consciously, can you give me some help on that?

Beloved children of divine light of God, your hearts are already doing more than you are aware. All you need do is bring your hands to your heart more often and pay attention to the truth that exists there. You are already doing what you seek. Many blessings.

Q: With the wisdom that we have, is this something that comes from past lives? Is it something that we just call into our heart to receive? Is it just there when we need it? Could you elaborate on that a little please?

Beloved, what a powerful question, and so the answer is with your own question. Can you accept outside of your mind that this wisdom is the eternal wisdom of the divine Godhead that has been with you from the very beginning. Can you accept that you have this within you? It has always been there and nothing could ever take it away. Could you allow yourself to bring it into divine manifestation now through divine compassion and recognition? Then there it is.

Beloveds, you must know, you can not mentalize this compassionate wisdom. It is important for you to know that if you bring it in with your brain, then it is not of the most high. You must bring it in from your heart.

And so we are complete. We invite each of you to remember the divine love that you are. To remember that you are at the time where the legions of angels are coming forward in great power. A time like this has not ever been on this planet, and so celebrate, be present, pay attention. There will be many that you will be connecting or reconnecting with very soon. Many will come back, many will come forward. You are the divine light of love, and we love you dearly. Many blessings.



WISDOM TEACHER

SRI RAM KAA



ANGELIC ORACLE

KIRA RAA

Kira speaks: There is this huge, huge violet, it looks like a bonfire. It's so much more than a flame. It's right here and it's huge. And there's St. Germaine, El Moyra, Nada, and they keep saying "Throw in whatever wants to be transformed," and they're saying that they "bring it as a means to offer you the transmutation of the remnant judgment that may be in the cellular tissues of your body. Can you offer yourself a moment of divine bliss? We offer this gift from our heart to yours." How beautiful. And so it is. Many blessings.

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