

## Embracing an Ascended Life

### A Series of Twelve Energy Transmissions

#### Message One

### *Releasing Dogma: Accepting Divine Mastery Through Wisdom Teacher Sri Ram Kaa & Angelic Oracle Kira Raa Delivered at the Lotus Temple, TOSA Ranch, Oct 28, 2006*

With a vibrant hello we offer ourselves in the manifestation of the glorious recognition of Divine love, presence, acceptance, being and knowing. Beloved Dear Ones, if you do not recognize us, then we wish to offer you our name; Uriel. And in the recognition of the Golden streams of all that are, we have invited today many, many Benevolent Beings.

### Re-Connecting with the Essene Christed Energy

In alignment with the benevolence of the beings that have come forward to be with you now, many of what you would call, your Essene Brethren, have come forward at this time on the planet.

They are here now in many benevolent ways; walking with you. Many of you are hand in hand with the energy that you call Christ. You are in the hands of this Golden Ray of the Divine Love of this Christ energy.

***Most precious beings of wondrous Love, the time of the ascended awakening of the authentic connection of the truth of the bliss, of the love that you call Christ energy has manifested in many ways.***

This Christ energy abundantly circulates throughout your heart, throughout your Light. It circulates throughout your being-ness, throughout your knowingness, and in this time of the reconnection of the Divine Authentic Remembrance, many have walked the path of the ascended recognition before. You are at the time now of the ascended recognition of all that has ever been, folding into all that is, and all that is ready to be yet again.

### Understanding the Golden Energy of Divine Connectivity

You see most Beloved Ones, like a golden thread, like the Divine serpent so many say, the energy of gold filament runs in your veins and offers you the gift of Divine connectivity. Many mortal wounds for many of you were suffered many times through your hearts. Many of you have endured what you call crucifixion. Many times. Many of you have felt this in your hands, many feel this as arthritis in their hands, in their hips, in their feet. Many are feeling this again now, enduring hours of bodily shifting and changing.

***It is time for you to remember now that in the full embodiment of the Love of the Universe, you have come forth now in Divine wholeness and acceptance that you are ready, more than you have ever been, to move forward into your own resurrection.***

Dearest Beloved Ones, many of you have spent many life times in what you might recongize as Gnostic recognition. In the Gnostic recognition of the mystical knowing, many of you have walked the path of holding authentic awareness , heart-centered being-ness, and the recognition of Divine Unity. Within the recognition of Divine Unity, you have chosen to reincarnate many times on this world, this beloved Gaia, so that your heart may expand ever more, may open ever more, so that the pain may be transmuted ever more.

Many of you and your brethren now are experiencing emotional and physical pain. Emotional and physical pain has escalated rapidly with the opening of the star gate that recently occurred in this planetary system, just a few weeks ago. The date you called October 17th.

With the opening of that gate, you cannot hide, so stop trying to hide. Stop trying to deny. As you try to hide and as you deny, and as you shirk from the shining Light that you are, your physical body will be in resistance and your emotional body will be in a flaring recognition.

## The Body is Reacting

Many are experiencing what is known as a disconnect that becomes depression, a disconnect that becomes a lack of clarity, a disconnect that causes hopelessness, a disconnect that recreates and wants to own again doubt.

Dearest children, it is important for you to accept that the resurrection energy is on your planet now in great, great abundant joy. Your hearts have been literally ripped open, how you handle this opening is a gift that you are giving to yourself in this moment now.

Before you now in the next 11 cycles of what you call the moon, or 11 months on this planet, you will see much of all energies discharged here, unified here and expelled here. There will be many who will run in terror and there will be many who will jump in joy.

How are you able to hold the energy of your own beloved Christness during this time? Are you the Maitreya, are you the opening? Or, are you the one who chooses to be carrying the sword of density?

Many will carry the sword of density. While carrying the sword of density, they will have the opportunity to be firmly rooted in the recognition that in the time of density, all expressions are always manifest and always shown.

## Understanding "Christness"

There will also be the angelic recognition of the ascended energy of the Christness, which is not exclusive to one, what you would call, religion.

***Dearest children, Christness is the energy of Light. It is the energy of wholeness, it is the energy of love. It is the energy of peace, it is the energy of the Divine acceptance of all within.***

As the Essene come forward now, there will be more and more of what you would call proof of their existence, coming forth very powerfully. There will be many more of what you call miracles that will appear on what you call your TV. Science will be baffled evermore. Cures will be ever more popular from a non-linear understanding. Energetic medicine will reach a new level of recognition.

***Each of you is empowering the energetic Christness that you are.***

What runs through your veins Dear child? What runs through your veins? We are not talking about blood, we are talking about the Divine Light of God running through your veins; every tissue, every cell, every membrane.

How do you interact with those around you? How do you wish to be with those around you?

***You are all, all of you without any exception, Divine Healers with the Power of the Divine Light of God running through your veins.***

How you heal is the expression of uniqueness that you bring forward now. How you bring forward healing must begin with yourself, beautiful, most precious beings of Light. It is indeed a powerful time for you, a great powerful time. You have stepped into ascension energy.

## Living with Ascension Energy

Dearest ones, in ascension energy, all that is unlike Light will dissolve. When you step into ascension energy, sometimes you must take a great leap into the Void. Oftentimes it feels as if you are dying, as if everything inside of you is dying, as if everything is being questioned, as if everything must turn around again. Honor your, what you call intuition.

***As you honor your intuition, you move forward in releasing the doubt molecules that hold you in density.***

If you wish to remain a warrior in density, if you wish to pick up the sword of density and play in that realm, then a very simple way to do that is to empower your doubt even more, and to seek answers outside of yourself evermore. These two energies, (doubt and reliance on outside sources), will definitely anchor you in a density experience.

Dearest children, before you, dearest beloved recognitions, you must understand that on a galactic basis this reunification has been coming forth now for eons. This is the only way we can even begin to help you understand the linear concept of the calendar of all that has happened here, (on this planet).

What we wish for you to know now, is that the Christ energy is before you, it is right before you.

***Feel the eyes of God looking into you. Feel the eyes of God as you. Feel your heart connected with the Divine Love of Christ energy.***

***Allow the Lotus petals of Divine energy to flow out of you, in front of you, and grace your path in all moments, in all ways. □ Tread in the Lotus of Love, tread in the Lotus of Being-ness.***

Dearest beloved ones, in the recognition of the alignments that are coming forward now, it is a Divine time for you to trust your knowing. Often times many call out to us and say, how can I trust myself, I feel my messages are mixed, how can I trust what I am feeling, I do not even know what I am feeling, how can I trust what is happening around me?

We invite you to being very simply, by first remembering you are not alone. You are not alone. You are not here without Divine love, support, and abundant resources.

***It is only in the despair of doubt that your resources disconnect from □ your own being-ness.***

We invite you to ask yourself, to make a list perhaps, to put it in front of you at all times; what are my resources? And your resources have many functions.

What are my spiritual resources?  
What are my emotional resources?  
What are my physical resources?  
And whatever else may come forward.

We invite you to take your pencils, take your papers, and write down your resources in front of you. Oftentimes density claims that which you already know, and when you are in the thick of that, you forget what is in front of you.

***As you claim your resources, and as you allow yourself to reclaim you Christness, you are able to offer to yourself the gift of Divine acceptance of your intuitive knowing.***

Dearest beloved children, how often do you get a clear answer and immediately deny it? How often do you know, absolutely know the yes or the no, and yet seek to change it? How often does the mind of density come forward and say I want it this way, so don't pay attention to that voice over there?

## **Experiencing Living in Divine Multi-Dimensional Alignment**

Dearest ones, this is a beautiful exercise because in claiming your Divine knowing, in claiming your authentic ascended energy, it brings you beyond living in multi-dimensional capacity. The multi-dimensional expression, the multi-dimensional experience, is already here. This is not a concept for you to conceptualize or intellectualize around, unless of course you enjoy this type of thing. It is however, an opportunity for you to accept more than the eyes of this world would like you to see.

How do you align with Love? Do not forget beloveds that many align with love through a manipulated and perverted stream of war. You



must understand that there are many expressions of Love. Yet, how do you align with Love? That is what you must look at.

***What is Love in you, how are you Love? If you stamp your feet with your signs and join great protest, then you must do it well, however, what are you loving, the protest, the hoped for outcome, or the energy?***

Just be clear on what you are loving. Be clear on how you are Love. There will be great outbursts of many, what you call protests on your planet, and not all will end peacefully. This will escalate very rapidly in these next 11 cycles of the moon. And there will be many, many precipitating factors or energies that will come together on your planet to create this situation, as you say.

***What is your Love? Where do you Love? How can you hold presence?***

When you give energy to anything, it will expand, so where do you wish to give your energy.

***When you come together in groups of Divine, authentic, crystalline beings of Christ-filled Love, come together to celebrate each other, not to influence each other.***

## Understanding the Galactic Gateways

Come together clear in each of your own hearts. Come together clear in your own knowing, clear in your own trusting, so that any gathering may be a celebration of Love not a manipulation of love.

Dearest Ones, these galactic gateways in front of you right now (Please read about these gateways by clicking on the box on our home page at the top: "Important Dates" ) are powerful and gifted glorious alignments that do not only happen in this world, they are happening in many worlds, dimensions, galaxies and universes simultaneously.

There is not an ideal time of these alignments, unless you are a linear time being. So many will say, according to our chart, you should do this at this time right now. While that may be true, it is important to recognize that chart only takes into account this dimension and this universe. So take advantage. Yes! We have offered you dates, coming with great powerful alignments. You will notice the time during that date that is right for you. Taking just this one step will train you to trust yourself more.

Perhaps it is right for you at one time and right for your mate at another. Perhaps you are called more than once on a particular day. Perhaps you must stop everything you are doing and pay attention. Good for you, celebrate your paying attention! Celebrate that you did not need to read a time that said in this dimension, this is the time, and this is fine too, it is always fine to honor whatever you feel called to honor.

***If you wish to expand beyond just this one dimension, just this one world, and just this one possibility, dearest beloveds of the ascension Christ energy, which is pervasive now in the time of the Lion, you must trust your intuitive knowing.***

This is the you that is coming forward now. Are you in argument with yourself? Often times many of you are, we honor both sides. Yes, and so it is important to remember, where is my energy being placed? What do I love and how can I express the Divine Light of god, the Divine Christ Heart of all that I am, all that I do, all that I communicate with.

## The Energy of the Lion is Expanding

Dearest beloved children, as you know, you are in the time, the cycle of the Lion. And in the energy and the cycle of the Lion, which is rapidly moving on your planet, how do you choose to be? Your energy is beyond powerful, it is redundant to say it is powerful. It does not even begin to offer this to you, which is why your bodies, your minds, your hearts and your spirit are all reacting.

***Perhaps you can offer yourself the gift of knowing. Simply recognize that as you stop reacting, you can begin being. You become the observer.***

It does not mean you do not care. Indeed, it means you care enough to hold energy, to offer others the opportunity to feel your energy, to be in powerful energy. We can assure you, there are more than enough of you on this planet aligning with all expressions. Where do



you wish to put yours? Know that you are Divinely loved and supported in whatever choice you make. There is no wrong choice, AND there is no right choice, there is just choice, there just is.

***You are not alone. The Essene Brethren have come forward at this time because it is time for the truth to be revealed of the many what you would call artifact-type documents that will come forward very rapidly.***

There will be many new what you call gospels, that will be revealed. There will be many new documents that can not be denied their authenticity, and you will find in those documents these dates coming forward, and you will find that in the undeniable presence, this is the way that you can receive ever more gifts.

## Walking in the Shoes of Divine Knowing

Perhaps dearest beloveds, you are at the time that you are ready to expand beyond dogma and embrace your own precious knowing. In your own precious knowing, you are ready. Perhaps you are also at the time when those who prefer to embrace dogma can do it very well. Yes. As they should. It is all in Divine perfection. It is all in Divine perfection. As we weave a golden thread of Divine energy through all of you, we invite you to know that the next 11 cycles of your moon are most profound.

Your bodies will talk to you in ways that they have not talked to you ever before, as will your emotions.

***You must allow yourself to stay in the community of those that support you in the way that you would like to be supported. Whoever that is, where ever that is.***

Give yourself the gift of knowing that all is fluid. All is fluid. All moves, all flows, and the more that you flow, then the less resistance you experience. Your blessed heart has come forward now, so that all you are may express to all that is, and reconnect.

The sandals of the Essene Brethren are being offered to you. On your feet, they are offering you back the sandals of your Divine knowing. They say to you, come walk with us, come back to the shores, come play by the sea. As you walk in our shoes, we will gladly walk with you and walk in yours.

***Feel this Divine energy coming into you, swirling up through you, empowering all that you are. You are never alone and you are Divinely, Divinely guided.***

You are loved beyond measure. You are honored and it is time for you to wear your sandals again, if you so wish. Know that indeed the **realms of Divine Love have opened up the ascension energy**. You are already in it. You are not preparing for anything, you have begun the time of LIVING it.

## Questions and Answers

We shall accept a questions if you would enjoy asking them.

***Q: How can I completely let go of any separation or judgment and just be totally accepting and show love to everything and everyone?***

A question of the ages, indeed, in the time that many have taken bodily form. We invite for you dear one, to let go of the ways that you judge yourself. This is indeed the primer, the way to begin. Be patient with your steps, one small step at a time, and have mercy on yourself. When you are able to truly embrace all that you are without judgment, you will truly be in the spaciousness of understanding the recognition of the Christness in all. Many blessings.

Yes.

***Q: My beloved has breathing issues and as we merge together, when we're laying next to each other, it's like I'm starting to take that on and I can't breathe. I wanted to know what to do about that, and also how do I assist him in getting off of his medication. I think he's ready to do that, but there's a process. I'm not sure what to do about that.***



It is a beautiful question to ask about breath, because indeed breath is the fundamental connection energy that comes forward by being in the body of this world. Anyone who is challenged with accepting breath is offering a gift to those around them that is basically saying I do not feel I deserve Life. This one in particular that you ask about, is indeed working through what you would call issues of deservability of joy.

When you allow yourselves to align and take on, as you say, then you yourself trigger your own deservability issues. The only way to fully resolve an issue of breath, for anyone of any breath energy, is to begin by allowing yourself to accept that you deserve Life; that you deserve the fullness of the experience of life. That you stood in line to be here, that you are still here, and that the beloved energy of the Christness that you are, only wants you to be in the beloved connection.

Many do not wish to let go of that which has become the pattern of their life, and only the one can make that decision. You can not do it for them. Many blessings.

Yes.

***Q: I've been experiencing a paralyzing morning fear and this has happened many times in my life and it's come back again. I'm wondering what's occurring, more specifically than what you talk about, and what I can do to release this.***

It is imperative for you to know that you were crucified more than once, and each time you were crucified, you hung on what many would call a cross, in the morning. You were in a cross, a line-up of crosses, there were hundreds along a road all crucified in the morning. Soldiers walked by you all day long, for you did not transition as quickly as would have been more comfortable. Your emotional body carries the scars of the **morning**, and it is important for you to understand that you are **mourning**.

It is time for you to understand also that you have indeed stepped into the energy of the ascension principles, and with the large release and the acceptance of the Christ energy coming through and flowing through you, the morning has come paralyzing. Dear one, all you need do is close the eyes when you feel this energy, allow yourself the cry the tears that are there, and then realize you are here now, not to be in mourning. Many blessings.

Yes.

***Q: The question I have I trust will help others as well and it's a question of my experience of partially resisting the 3rd dimension, partially identifying very strongly with the 3rd dimension. I'm talking about the pain, physical pain, emotional pain. Part is living in two worlds at the same time, and part is like some denial of what's going on. In order to escape the physical/emotional pain, can you elaborate on that?***

Dearest beloved, yes, many are resisting as you would say, this world and the worlds that are also overlaying here. Many are also intellectualizing the concept. In the intellectualization of the concept you have already made a choice to align with density, and so all else that comes forward actually adds energy to the energy of resistance. Many must ask themselves why do I resist truly being free? Why do I resist accepting unlimited joy as my every moment reality? Many must ask themselves these questions. When we intellectualize these questions, we have made a choice and when we are unable to clearly know the choices we have made, pain erupts. Many blessings.

Yes.

***Q: I'm about to take a journey to Europe, to get in touch with the Earth and I was wondering if you have any advice.***

Advice would hinder your free judgment and so what we offer you is the recognition that dearest beloved child, this journey is a journey back to the collection of your soul. There are many pieces of you that call you to this place you call Europe. You will be forever shifted, as you agree and accept the energies that you will find, and we encourage you to feel the emotions that will come forward. And to allow yourself to feel the truth of them without the anger that may come forward at some of these experiences. As you embrace this shift for you, much is ahead beloved one. Many blessings.

***Q: Hello. I am so grateful, so thankful to be here at this time, in this space, in this body. I know that this is the result of recognizing that I truly am a being of Light. And yet I have a tendency to hold back. Is it an addiction of unworthiness, is it a fear that if I step up someone will shut me down, is it a need to be perfect, would you please shed some light on this?***



What if all of that were true and what if none of it were true? You see dearest one, you have great passion, so much so, that you are experiencing fear of your own passion, and so in the fear of your own passion beingness, everything becomes truth, and everything is not truth. You must find the void within, and from that void, let the Light that you are express through all of your veins, all of your eyes, all of your tissues, and then the passion is the passion of God. And so it is.

Yes.

***Q: I'm very happy I had this opportunity to be here today. I'm currently working on opening my heart chakra and I can see some of it coming. It seems as if there are some stubborn energies that I would like to release, do you have any suggestions for this?***

As we work with your energy field, as you offer us the gift of letting us do this with you, it is a great opportunity for you to embrace the Divine presence of many lifetimes of being one who was able to express wisdom, only through the heart. And so, the resistance energy within you, that is in what you would call your belly, resists the Divine wisdom that is wanting to express through your heart, and as the heart opens and as you become ever more expanded in the wisdom that is already Divinely within you, it is simply a question for yourself, and the question for yourself to be present with is, I am ready to accept Divine wisdom as the guiding light of all that I am? Many blessings.

We will take one more. Yes.

***Q. I feel so much is happening and I feel in so many places at the same time, and I was wondering if you could offer me some way of integrating all that I'm experiencing. So many things are opening up that I haven't embraced before and I feel scattered.***

Yes. And you feel scared. Many feel scattered and many feel scared. For you, you are a beloved twin, the greatest healing for you will also come with your twin, and it must be through the Divine acceptance of love energy of the Christness embodying all actions, all beings, all doings. *Of remembering doubt is but a vehicle to bring you back into the center of the Christ that you are.* Thank you doubt. Thank you challenges. Thank you beloved God for bringing my twin in front of me, so that together we may be in the Divine harmony of love, so that all may integrate.

It is not only for you to have greater expansion in this twin relationship that you are even yet aware of. Many changes are coming forward, is fear not a logical process in change? And so, what would change in your life if you could accept Divine love, the heart of the Christ, in all that you are? Many Blessings.

**Many blessings to all of you. Your Zadkiel says "Hello, How are you?" and patiently has simply been present with us because it is a time for you to receive the energy of the Divine knowing. Wear your shoes of the Essene.**

**Feel the sandals in all that you do. Walk with presence. Be Love.**

**Your hearts emanate the Christ Love of all that has ever been and all that will ever be.**

**Many blessings. Beautiful Ones.**