



## The Lost Books of the Essene

A Series of Twelve Energy Transmissions



### Message Twelve: "The Journey of Divine Love & Reunification" *Delivered at TOSA Ranch, New Mexico September 26, 2009*

#### ***The Essene Brethren Speak:***

A buoyant hello to you, Beloved Ones. Indeed, it is a buoyant hello.

We simply wish to offer you a great blessing of the journey, a blessing of the journey, for, indeed, the many eons of Es-See-Nah have been a journey in many ways, have been an expansion in many ways, and are, indeed, a circle in many ways.

#### **Embarking on the Journey of Divine Love**

When you embark on the journey of Divine love, and indeed, that is the journey of the illusion, it is the journey of Divine love. When you embark on the journey of Divine love, there are many energies that express as Divine, and many energies that express as love.

When the Es-See-Nah energy interfaces with this planet, of this world, in this tiny little section of your universe, so tiny indeed, you begin to recognize Divine love, and the journey of Divine love, and the expansion of Divine love as you experience what the body, what the physical vessel, what the interpretation, would choose to say is not Divine love. We wish for you to smile at this Es-See-Nah.

***When you are able to recognize the journey of Divine love, when you are able to celebrate your journey, when you reconnect with the conscious energy of cosmic brethren, you bring to this planet unification.***

And unification is the energy that this planet has been seeking to re-establish for a timeless way that we could not offer you a time line for.



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***In the Divine journey of love, in the true Divine journey of love, you spread your wings as Divine portals of light and others ignite simply because you are.***



### **The Completion Energy Blessing**

We offer for you, with you, to you, as you, from you, and abundantly to you today, a completion energy. This is the energy of the journey of Divine love brought forward with a great renewal and restoration of Es-See-Nah presence on your planet now.

When one is recognized, when one is, indeed, uplifted, when one embraces golden energy amongst their, what you call, feet and walk with the loving presence of the Divine with this abundant planet of life, one is able to fully empower the great blessing of the Divine energy, the Divine synergy, and the Divine reunification.

We offer to you today what many will call a "checklist" in your world. Indeed, we only offer this form, (*a checklist*), to those who have not yet woken up.

Let us begin in the beginning again.

These books, as we have offered to you simply the title of books, have begun coming through to you now. We offer to you the recognition that your energy field is reawakening, that the Tri-a-Saa is on the planet again, the illumination of your Divine energy, and that the recognition of your Divine healership and mastership is an energy of wholeness.

***This is an energy of oneness that offers to you a reclamation of all the splinters of all the energies that have always been on this world in great manifest form.***



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## The Checklist of Reunification

### Item One:

If you were to look at a checklist of reunification, the first item you would seek to look at is:

#### ***Is my energy whole or is my energy split in many ways?***

This is a powerful question, Beloved Ones, and we offer you this question and we refer you back, as they would say, to Book 1. (*the first discourse of this series, The Lost Books of the Essene*)

- When you greet the one who is sound asleep stoutly now in your world, does your being-ness desire to force them to awake?
- Does your being-ness feel, indeed, to have to shake them in their shoes, to shake them on their shoulders and say: *Wake up! Wake up!*
- And how much energy do you offer to that being?

This is an important question.

Perhaps in your world now, as reunification and balance and harmony and oneness regain, it is a moment for you to let go of the imperative to believe that each is not exactly where they need to be.

***Each is exactly where one needs to be. Each heartbeat is following its heartbeat. Each drum, as they say, is beating in divine perfection.***

Each harmonica is harmonicing perfectly. We try joke.

And so it is important to understand that with this question: Where is **YOUR** energy? Is it whole or is it split? This is an important question as you regain Es-See-Nah wholeness.

### Living History of Ess-See-Nah Energy

We digress and offer you what you would call history. When Es-See-Nah walks in a world of illusion, there is no need for a grand announcement; there is no press release; there is no media attention.

There simply is presence, quiet presence, that subtle gift of Divine knowing that simply walks with the empowerment of Divine Oneness.



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***When your world seeks to record what you have come to know as history, you must recognize that All -- not some, All...not some, we offer to this to you again, All...not some, of your recorded history is perception through a filter that has shifted what is ... perception through a filter that has shifted what is.***

This is, of course, not to say that there is not wondrous, encoded, fabulous, enchanted, perfected, beautiful, very accurate messages waiting for you. However, they have been translated so that those of a heart-centered action, those of Divine reunification, will all-ways be able to garner the greater truth within any message without falling prey to the illusionary expectation.

***This is Es-See-Nah, to walk in presence, to keep the energy unified.***

### **The Checklist of Reunification Continues**

#### **Item Two:**

When you go back to your checklist now, and you say if it is a list, there must be more than one, we offer to you yes...indeed. If you were to gaze at your checklist, the next question would be:

***How do I honor the vessel that so lovingly supports me through the experience of energy in a world of illusion?***

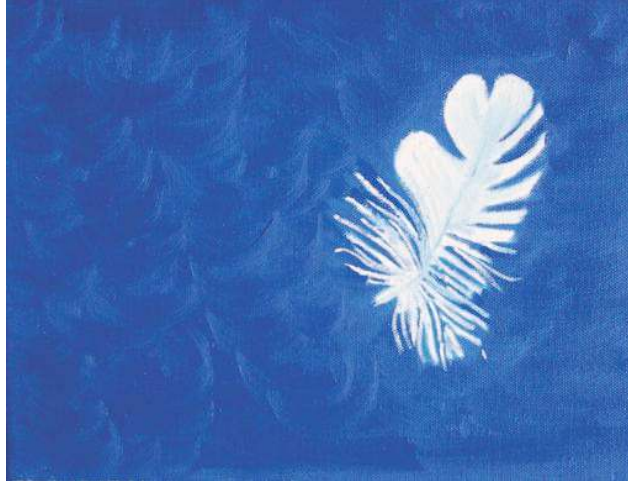
- Do I congest it with smoke?
- Do I congest it with toxification?
- Do I congest it with death?
- How do I honor this beautiful vessel?

We offer this to you because this vessel is as fragile as the most beautiful feather you see flying through the air. When you see a feather, if you walk on the ground and a feather appears before you, perhaps it is an angel touching down to you and saying, I know who you are.

***Do you know who you are?***

***I offer you this gift of lightness, a reminder that you know how to fly; a reminder that you are limitless; a reminder that you are free; a reminder that you are not ever captured by anything that feels dense.***





***And when you find that feather, hold it in your hand, blow the breath of life toward it, and watch it as it dances in your breath.***

***And remember, this is the meaning of your body, to dance with your breath in ignited freedom. To dance with your breath in ignited freedom. When you play with a feather, you remember who you are when you dance with your breath in ignited freedom.***

Must anything die for you to live?

This is an important question because the heart of Es-See-Nah already has answered it. We do not need to answer it for you.

In your world now, there are great manipulations of energies and in all worlds of density now, there are great manipulations of many energies. This, too, is a dance and a celebration, because as each energy moves toward reunification, the ignition of light comes forward with even greater, substantial, anchorship. We proceed with your checklist.

### **Item Three:**

It is important to ask yourself:

***Where am I attached? Where am I attached?***

And begin with this planet, Beloved Ones. Where am I attached?

**For all attachment limits, and all attachment teaches.**

Attachment is a great, bountiful, beautiful teacher, and you are in a world of great attachment; are you not?



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## Gravity and Attachment

You have gravity, the greatest *attacher* of all! And so gravity begins where your heart ignites. And what we mean by this is: ***When did you forget that you are not bound here? When did you believe that gravity is also a part of you?***

Gravity is a gift that offers you momentum and propulsion in a world of polars. You have a North Pole, you have a South Pole, you have magnetization here. These are all powerful energies to assist you on your journey, to offer you great expansion, to offer you the opportunity to remember Divine love, and yet, it is only an experience of this experience that gravity is.

Perhaps it is time to hang upside down. Yes, indeed. For when you hang upside down, in that moment there is a remembrance, a sensation, and an understanding.



And if you cannot hang upside down, lay over the side of your bed and place your head toward the floor. Bring your hands way up over your shoulders, down toward the floor. Simply, for that moment, reverse your gravitational pull for that one moment. And then when you sit up again, celebrate your buoyancy, your ability to bring yourself instantaneously to balance in a world of polars, in a world that seeks to show you light and dark.

***All must be in balance. And so where are you attached?***

## The greater Understanding of Karma & World Population

We wish to talk to you more about this word "karma." You all know this word "karma."

In your world, you were offered the great gift of the relaxing of the Divine karmic imperative with the influx of the millennial energy that came forward and opened up a great portal of reunification on a planet known as Beloved Gaia after a linear year of what you call 2000...and more profoundly in 2001.



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***The gift of a release of a karmic imperative is that you are truly free to pay attention to your attachments, to pay attention to your energies, to pay attention to your own self-responsible re-ignition of a Divine, loving journey.***

For those who seek karma, it is very much here. For those who seek to reignite attachment to karma, it is very much available.

However, the imperative that has had many souls attached to this planet, and for those of you that enjoy numbers, go look at your world, this world, population in 1999. Then, look at your world population at the end of 2009.

***The difference between the two, (1999 and 2009), are the voluntary Light Beings that have flooded into this planet in body to be here during this time of reunification.***

Let us explain this more for you, as we try not to engage the brain too much. However, let us offer you this:

- Between the evolution of the expansion of Divine Beings of Light attached to a planet of density, growing over many what you call linear years, expanding consciousness and contracting consciousness, expanding consciousness and contracting consciousness, *for the consciousness in your time now is not equal to that of other times*, and these cycles have been part of your Divine flow into reunification.
- Up until the numbers, as you choose to see, in 1999, these were the souls and the fractions of souls and the splinters of souls that were bound to this planet through many different obligations, (a word we choose to offer you). Some were voluntary obligations who truly forgot and became attached. Others were those who came here as part of a soul journey of unification. And the vast majority were those who were created during a time you know as Su'laria who came here to ignite a light body because that opportunity had not been offered to them before. ***And this is why your planet has been so protected, and this is why so many have sought to pay attention to you, because indeed, you are a great body of light.***

The Es-See-Nah energy came forward with great love, healing, presence, and recognition, and walked without attachment, and so this energy came in and was able to move on. *Came in and was able to move on.*

In your year 1999, the number of beings who were here on a soul journey of Divine expansion peaked, as you would say, and yet you say your population of this planet keeps growing. Yes, Beloved Ones. As many transition, many are not returning, and



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as many come forward, they are here because they are clear, because they are aware, because as you become aware, you free others to become aware, and legions of beings of Divine love are here at a great moment of reunification. And so, of course, Es-See-Nah is here again without attachment.

### **Reconciling Attachment**

We are back to your checklist. What are you attached to? What are you attached to?

***It is a blessing to know, not a cause for self-judgment, simply a blessing to know. When you understand what you are attached to, you are able to celebrate and move forward with the great choice of movement and a great choice of Divine flow.***

This planet will soon enter a great time of rest. Great rest is always needed after a great journey; is it not? When you are on a great journey, and when you come to the completion of one journey, which means the next journey has indeed already begun, there is that moment of stillness, that moment of balance, the moment of great rest. Great rest.

Perhaps you can think of this if you have had that moment of great internal silence or the best night's sleep you have ever had. And when you wake from that, when you move from that, you feel joy, you feel refreshment, you feel reenergized, and you are ready to move forward because you have given yourself great rest.

What are you attached to? And do you offer yourself rest?

Take a breath, Beloved Ones. Yes.

### **Item Four of the Checklist:**

Indeed, you are in a great moment of harmony on your planet now, and greater than that, if we were to offer you a word, would be the next piece, the next step on your checklist, and that would be:

***Do you feel complete with your experience of this life?***

This does not mean you are ready to leave this life. It simply invites you to understand the greater experience of it. Do you feel complete with this experience of this life?

You must ask yourself this question, and pay attention to your heart for the response. Then, you bring forward within your life, the action of completeness in the fullness of life experience in the gift of sharing with all around you.





***As you are complete, you are then of service. You are then of true service. If you are fully complete, then you are able to free others to do the same.***

**Many say:** *I am so complete, I have no reason to stay.*

**Es-See-Nah says:** *I have no attachment to that. I am here. How may I serve? Whose light seeks ignition? Whose heart today seeks an upswell? Whose energy in this moment would enjoy a simple ignition, a Divine remembrance. A touch. A glance. A noticing. A reaffirmation.*

Many in your world forget.

Forgetting is the easy way, and many seek the easy way, and this is fine. This is fine. Es-See-Nah has no attachment to easy, hard, difficult, soft.

Es-See-Nah simply says: *I am here, and my completeness is a gift that I share. And when I am ready, I am not attached. And when I am loving, I am not attached, because it is the divine in all ways.*

### **Checklist Item Five:**

And we offer to you what would be the last check on your list, and that is:

***Do you see yourself in all? Do you see yourself in all?***

What an amazing world you are in that you have assisted to co-create, that you, yourself, have billions of yourself! *Can you let go of the attachment that would seek to say, I am not you, and you are not me?*

***True healing is upon your world now, and true healing does not occur through a pill.***

True healing occurs when you can respond to this checklist with joy, with buoyancy, and the lack of self-judgment as you read each question. There **ares** only -- we say "are" and "is" together -- there **ares** only one energy that stops you from this gift, and it is the doubt of who you are.

In your world, confidence of the Divine has been misunderstood. And we take you back to what we mentioned earlier which was simply this, Beloved Ones. Are you ready? Yes, you are. Indeed, you are. You are so ready.



### The Golden Ignition

In your world now, there are many who are asleep.

***Is it truly important for you to wake them, or is it truly a gift for you to release your attachment to them: To remember who you are so that you may free others on their time in their way, in their light, in their understanding, to heal their own self through this gift?***

If you gaze into your hands, your beautiful hands, part of a beautiful vessel, do you see gold ignition?



If you feel you do not, then pretend you do. Just feel golden energy radiate from your hands now, and feel this golden energy radiate from the area of your head known as Star Consciousness above the third eye and send that energy to the gold in your hands. And if you need to pretend, this is good, too. You are simply working out a new muscle.

As the gold from the hands connects with the gold from the Star Consciousness, and as you feel this energy pour into you, you hold to yourself Divine wholeness and healing, and you feel these energies connect as a great and beautiful gift.

And you bring your hands now to the area of your beautiful heart center, and you ignite Tri-a-Saa, igniting a pyramid from your heart to your feet, from your heart to your feet, feeling that energy captivate you, lift you, energize you. And from your heart to the area of your temples, your heart being that base point of another pyramid, it lifts up to your temples and you feel yourself lift up into this energy. And from your temples to the area above your exploded crown, you ignite another pyramid.

And you feel from your heart now a great golden emanation, and you feel this golden emanation come out, swirl around you offering you Divine recognition, Divine wholeness.



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If there is any part of your body that calls to you, you simply send it love and let it relax.

### **The Golden Resurrection**

In the golden energy of resurrection in what you have now called a Golden Age, your ability to stabilize and lift through the energy of your heart is your greatest asset and one you can call on effortlessly, quickly, beautifully, limitlessly, at your will, and you don't need to say a word.

They will understand through your heart. Let your heart anchor. Let your heart anchor.

***Take a deep breath, Beloved Ones.***

***In the energy of reunification, in the energy of celebration, in the energy of Es-See-Nah, it is always your choice on how you seek to move forward, on how you seek to be. All you ever need do is reach out your hand, and we will take it. We are here with you always.***

And we have much more to share. This is not the end of any cycle. It is, indeed, the beginning of the next.

Take a deep breath. Each of you is being offered a message. If you have a question in your heart and you ask it now within your heart, you are receiving the answer. How you trust that receptivity is a gift we offer to you now.

As you lift your energy from your heart through your throat through the top of your crown, we are there, as you are there.

***Celebrate your journey of divine love, Beloved Ones. You are just beginning another great journey, and this one is miraculous, indeed, if you let it be.***

***We love you. We are so grateful for you, and for this moment to simply see you through the eyes of this one who allows us to see you. You are most beautiful. You have come so far, and you are ready for the next journey indeed.***

***We do not say good-bye.***

***We simply say we love you.***

