

## The Lost Books of the Essene

A Series of Twelve Energy Transmissions



### Message Two: The Great Ponderance

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The Essene Brethren, in unification with the Benevolent Ones and the T-12:

Yes. Hello. *Hello. (listeners' response)*

From the moonlit waves of crystalline seas, from the sunlight of all that has ever been, we grace thee with hello, Precious One. Hello, hello, hello and hello. Yes.

Over many, many millennia, over many worlds and lifetimes, there has been a great ponderance in your world as to what is what, so they say. We offer you these understandings, these words, these precious anchors of Divine universal experience now in an understanding why ponderance came to be. If we were to offer you a title and a chapter of a book, we would offer to you this title and this chapter:

**Title: The Great Ponderance. Chapter 1: Density.**

Yes. Yes, it is a smile; is it not? Yes. And you may say, "But I came here to hear about a lost book of the Essene." We say to you, "You have just found it."

The Great Ponderance is a title we offer you as we invite you to sit back, Little Children, and hear the story that we wish to share with you today. We speak to you, we share with you by the fireside of a great transmuting flame, this journey and story because you have shared this way before. You have learned this way before. You have grown this way before in the fireside chat of the story where the sandals come off, and the feet are in the sand, and the fire burns bright, and your heart is open, and you can simply float and understand and be present and know, Beloved Ones. And so as you sink into your chair or the sand and your sandals are removed and your heart is opened, we begin our story. This is okay? *Yes. (listeners' response)*

### Touching Your Universal Origin

It is a great ponderance, yes. We wish to say, as your world would understand, in a galaxy far, far away -- yes. Do you hear the music? Good. All stories must be engaging. And so, Beloved Ones, truly in what you would call a galaxy far, far away, beyond the stars of the stars of the stars there is a void, and in this void there is a



sound, and from this sound births a heart. And as you would connect with your heart, this infinite sound bursts forward with the gift of Divine Presence, and in its travels, in its understanding, in its birth of birth, this Divine sound became the harmony of all.

*When you touch a Divine sound, when you anchor a Divine sound, when you listen to a Divine sound, you touch your universal -- only word we can offer, origin.*

Words will not ever bring this to you, which is why these books, many are not written in a language that even your greatest scholars try to understand. They are impressions on disks that, when understood with the heart, reveal a harmony in sequence that opens all chambers.

Now, your heart has four chambers; does it not? In the great ponderance around our campfire now, you hear the hum, do you not, and you allow this hum to become a vibration. And we invite you into this hum and this vibration to understand your journey.

Many in your world still ask, "What does Essene mean?" They ponder what Essene means. They speculate what Essene means. And at the end of what you call day, they still do not know, because it cannot be understood with the mind.

## The Energy of Essene

Essene. Essene is an energy. It is a vibration. Es-see-nah. Es-see-nah. Allow that energy to flow through you. The energy in and of itself forms a trinity of harmonies that become one harmony manifest through you and you and you. Es-see-nah. Many in your world say, "However, we believe this came through Enoch." In the energy of Ee-nah, there was already a density from Es-see-nah. Es-see-nah births many energies. Many have followed in the stream of understanding, transmuting and being on this harmonic vibration sequentially, beautifully, and lovingly expanding for many, many eons.

**A Great Ponderance. Chapter 2.** Are you ready? *Yes. (listeners' response)* Good. We first wish to share with you that when you are able to fully let go of all the story that has come forward from recaptured text, then you can go into the greater harmonic stream of Es-see-nah and understand what it is.

We first wish to offer you that when a ray of pure light emanates from the void, coming forth with harmony, with propulsion that needs no additional rocketry, it is an infinite expansion of Divine Presence. In this infinite expansion of Divine Presence, you take, of course, the form of what would be perceived in density as white robe.

There have been many, many expressions of what we offer as white robe. Yes. Have you ever heard Great White Brotherhood? *Yes. (listeners' response)* Yes. White robe. Lineage of Divine Presence. Expression of wholing that became healing. To fully be in Es-see-nah and carrying the ray that captures all rays, the infinite expression is always in wholing, thereby expressing in density as a healing in many ways.

*To embody, to wear, to understand and to harmony be is to Es-see-nah.*



## The Tree of Life

Es-see-nah is an energy pulse from the heart of the void through the heart of the universe that sings in your heart, that sings in your throat, that sings in your vibrations, and with it you send great shoots of life up from density and into density. It would appear, in a density area, to look like a tree or a plant, only you are the one who is the tree. Your arms become branches. Leaves birth from your head. Your feet offer a system of nourishment and roots derived from a world of density. And so the Tree of Life is you.

*You are the Tree of Life.*

To understand the Tree of Life as the energy of Es-see-nah, grass and trees and skies and air and sand and pebbles and rocks and all of the manifest nourishment of a world of form becomes part of the sustaining world that the tree is planted in. To recognize a tree in your world now is to synergize the activation of the Tree of Life that you are, to be in Divine harmony, to once again call forth Es-see-nah.

You see, Beloved Ones, the Tree of Life has had many ponderings in your world, and this is why we begin with the understanding of the pondering. How does one take a Tree of Life and offer it to one who has no understanding of their own tree? You draw it in a manner they understand.

## The Premise of Es-see-nah

The premise, if we were to offer you this word, of Es-see-nah is to help those who do not understand, understand; to live an energy that simply presents itself as one is able to be present. To remember, we share with you in Book 1, for those who are asleep, tuck them in well. Give them good night rest. To wake them before they are ready to awake, very grouchy. Yes.

And there are many who are very asleep, and this is their expression. Love them through their slumber. Tuck them in. Keep them warm. Keep them safe. When they call for glass of water, you bring it, and then they roll over and go to sleep again.

And then there are the very drowsy; are there not? Half asleep, half awake. The majority...very drowsy. To ponder in a drowsy state does not bring clarity, does it? It brings greater confusion, oftentimes saying, "I will go back to bed now. Too much to handle. Tuck me in." Okay. This is the gift of the drowsy state, and, Beloved Ones, it is the moment when the harmony can come forward.

*When two or more are gathered, great miracles happen.  
In the energy of Es-see-nah, this was fully understood.  
There was no need to come into the temple when you ARE the temple.*

There was no need to build a temple because the temple is everything, everywhere, everyone. And in your world now, temples are a great gift because they serve as reminders that all is the temple.

*Choose not to let the temple enlighten you. Let your enlightenment be the temple.*



Es-see-nah is awake within you when the temple is carried everywhere, and when your harmony is offered within the temple that carries this gift, then only presence can come forward, and only harmony is necessary.

*Harmony exists within your DNA, within your cellular structure,  
within your bones, within your hair.  
It is who you are.*

There is a heartbeat within a heartbeat within a heartbeat.

**Chapter 3.** May we continue? *Yes. (listeners' response)* In your world now, Divine origin is a much debated ponderance. It is quite an interesting subject of study for a mind of drowsiness. Indeed, it has become a topical issue in front of what you call your justices. How fascinating! What a ponderance! Yes.

*Divine origin is wholeness expanding into light without doubt  
and full recognition of harmony.*

You can play with that a while when you hear it again.

And so, Beloved Ones, when you offer this gift to yourself, when you expand beyond just one world, one planet, when you go into the void which calls you and beckons you again, "Come to the void." Do not fear. Be present in the void, for in the void there are great lights. Much light in void. Much light. It is your perception of light that says, "Do not go into the void," and yet in your world you say, "Do not go into the light, too." A ponderance indeed. Yes.

### **The Ceremony of Divine Reconnection**

However, Beloved Ones, we invite you this journey...In the ancient times, as you would call them, and in a timeless world, it would be now; would it not? You would, on your journey through earth school, here, you would congregate at night when the stars were out. You would hold each other two or more, hand in hand. You would radiate in a circle your hearts into the center of a circle and send a tone illuminating and bringing forth a great profound beam of light as if it looked like it came right out of the sky, yet it came from your heart. You are the activator.

In this sacred circle, in this sacred ceremony, you would continue toning and toning and toning and toning until there was no tone that could come from a human throat. And, then you would continue toning and toning and toning through what you would call the telepathic throat. And then many would come from many worlds and gather as if a big circle of many colors came before you. It would seem as if they gathered in the sky at first.

All the colors, as if jewels, as if the stars would suddenly turn into beautiful rainbow-ic color, a great beautiful color of stars, and you would keep toning and toning. And, then you would be joined by your brethren, and you would simply sit together and say, "Thank you." There is nothing to ask for. There is just the gratitude of connection. Thank you. Thank you. Thank you.



This is a ceremony that can only be accomplished when you are in the breath of Es-see-nah. When the breath of your harmony is present with others who are in the breath of harmony, and we offer you this “cautions.” See this in front of you now. If even one among you is there to simply have it proven to them, then you will not accomplish this call together, and you will hold that one and you will love them and love them and love them and love them and love them till they remember who they are. Then you are ready. And you will notice by the energy they emanate. Their words mean nothing. This ceremony of Divine reconnection is ready in your world to come forward again.

**Next chapter.** We encourage you to try the ceremony and to remember the last time you did it. Beloved Ones, we wish to speak Blue Starborn. Do you already know Es-see-nah? Yes. In your journey from void, in your journey through Tu'Laya, Su'Laria, Gaia, O'laha, there was a great manifestation of Es-see-nah in a world that is just beyond and yet not visible to you from what you call your telescopes, yet for many of you it is just beyond what you call Pleiades. It is NOT Pleiades, it is just beyond it. However, the Pleiades have been an intermediary intercessory on behalf of Es-see-nah Blue Starborn for millennia. Great, great, great service.

As you offer yourselves this gift of Divine reconnection, what you will remember and understand is that in your world, over millennia, many Es-see-nah were not even birthed on this planet. They were called forth in the ceremony we have just given you. When one left this planet and another was needed, you would come together, love yourselves into knowing who you are, and call forth your brethren who were ready. It is just that simple. You have done it many times.

### Accessing the Book of Ponderance

This particular book we give you today, the Book of Ponderance, has been burned in your world many times. This book does exist on a golden disk in a library found in the place you call Italy buried very deep in the ground in a vault. You can access it by simply hearing and seeing a flame, and the flame must first be a transmutive flame of an orange-and-red color to literally lift the energies that are very dark around this book. They are deep within what you call Vatican City, very deep beneath.

And as you first bring forward transmutive flame, after you feel the fire literally through your own veins, you then call forth golden-white flame and ask for this book to arrive before you. For those of you that practice and understand enough, you will be able to materialize this book. You have done this before. It will be a golden disk. It will look to be what you would call 6 to 8 centimeters. Very small. And as you hold it and as it manifests within you, you will then open and reveal each page.

It will be as this. We show you. You have book, and in your hand is book. You will bring your Star Consciousness to book with harmonic -- do you see this? Yes? And then it will arise and you will read whatever you need to read. When you are done, you will close your hand and you send it back to whence it came. To try to possess the book means that your heart is not ready to understand the book. It will manifest for you as you need it.

You will read what you need to understand for yourself for all the records of the Book of Ponderance carry the Es-see-nah lineage back through Blue Starborn to the void. This is beyond what you call Akashic record, and this is a gift you are now ready to receive, remember and revitalize.



Yet, Beloved Ones, if you are tucked in well sleeping, if you are drowsy, you will not open the book, because to offer this to a drowsy one is not a gift. It is a state of great confusion, and it can birth emotions, and emotions are of this world. We wish to move to the next chapter. You good? *Yes. (listeners' response)* May we continue our stories? *Yes. (listeners' response)* Good. Nice and cozy, no? Good.

## The History of Es-see-Nah

In this next chapter, in your world, the seeds of the Starborn were planted in what you have often called Mesopotamia, cradle of civilization you call it. And so over much time great blending of civilizations, yes? Much movement through the early periods. Now, for early periods let us offer you little history lesson. This is not what you call A.D. This is very much what you call B.C. Yes? Much earlier than you would -- how you say -- how many would like you to believe? Let's put it that way.

And so as you open your heart, if you were to go to 10,552 B.C., 10,552, very specific, B.C., you were all here, and the Es-see-nah flourished in your world in a very prolific way. There were many prolific experiences here, and these revelations are just now being found again on your world. Many are now saying, "How can this be? How can this be?"

What you call your Sphinx in Egypt is much older than many think. However, not all of the Sphinx. Buried within the Sphinx are great seeds and books of Es-see-nah on golden disks, as you would call them, yet the golden energy we offer to you is beyond what you see or mine as gold today. We can only say it is much purer to help the mind logically understand this.

In this expression, there has been a great blending on your planet. What a gift. Not all blending is enjoyed and oftentimes is harbored with great resistance. "You cannot marry you; you cannot live with you; you cannot make baby with you." And yet this great blending is a wonderful opportunity for the energy of Es-see-nah to come into a world that has had a veil placed over it.

And there has been great resistance in the blending. It is called religion. We wish for you to understand this.

***The Es-see-nah sought not to establish religion.***

***The Es-see-nah simply held the presence of the temple as you, and you, and you, and you, and in that wholeness, there is no need for rules, commandments, regulation.***

Why would there be? Nor would there be a need to kill anything. Anything. Anything.

***Killing is a manifestation of density that was birthed from a need to resist harmony.***

Now, we understand in your world now, and we could share, and indeed there is Book 4 all about the killing, but today we stay in the Book of Ponderance and wish for you to understand this:

***Ponder your truth, not your untruth.***

***Ponder your extraordinary, vital Es-see-nah presence.***



To be moving forward from 10,552 years B.C., your books, only recently uncovered, simply talk about Essene from Enoch and the time of what you call the Christ. How convenient, and how beautiful because it is a good, beautiful moment, but it was the moment when the Es-see-nah was leaving your planet until this time now. We know you understand this. We know you understand this, and the time is now.

### **The Gifts of Es-see-nah**

Feel the bottoms of your feet. Feel the energy catapulting and cascading around your head, your shoulders, your arms. And as you feel your feet, we offer you these golden sandals of Es-see-nah, and we invite you now to simply allow your feet to once again touch this gift and to allow your shoulders and your head to be draped with the white linen of purity cascading around you again, breathing around you again, gifting you again.

For you see, Beloved Ones, in the Book of Ponderance, we simply conclude with this message:

***There is nothing to ponder. It is all here now.  
It is all here now. It is all here now. It is all here now.***

There are many journeys before you, which is why we offer you these gifts, the sandals and the linen covering.

It is for each to decide when to sleep, when to be drowsy, and when to be awake. In the full energy of the Es-see-nah, you are eternally awake and options become fun because options are simply choices that have love infused into them. Let the drowsy be drowsy till they seek to awaken. You cannot offer to one who is asleep that which they cannot hear.

***Es-see-nah, arise and awake.  
Your beloved brethren have been waiting for this moment.  
Call them in the circle.  
Do not be afraid.  
Bring forth the golden disk of your heart, and let it play before you.***

***We close this book and offer you the opportunity to integrate. To fully understand these books is to not just listen to them. It is to feel them. It is to be with them. It is to bring them into your heart as you see fit and to be present in all ways.***

***We offer you a sign of recognition,  
we offer you a gift of open-heartedness,  
and we cradle you in Divine Love and Protection.***

***Arise again, Beloved Ones.  
There is no time to sleep anymore.  
And so it is.***