

The Lost Books of the Essene
A Series of Twelve Energy Transmissions



Message Six:

“Activating Loving Reverence: Remembering the Tri-A-Saa”

Delivered at the Blue Tiger Temple at Villa Sumaya

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The Essene Brethren Speak:

Yes! Hello... Hello. It is, indeed, a great and reverent joy to say hello to you.

Honoring the Journey

Beloved Ones. As you are welcoming of yourselves, and as you are welcoming of each other, and as you are welcoming of your Divine heart, there is a great Presence that exists within you.

*It is a wellspring of opportunity, a wellspring of joyous harmony, a wellspring of love, a wellspring of service. It is the wellspring of the joyous reunification of **the one** energy with **all energy** as one energy again.*

Yes, a big mouthful indeed.

And as we offer this energy, as we offer this moment, it is a great joyous Presence that celebrates your feet -- yes, the two feet at the bottoms of your leg. We celebrate your feet because feet offer you many things.

*To honor the feet...to honor the journey of the feet...is to discover the journey of the heart, for where the feet go, the heart is.
And as the feet are tended to, the heart opens.*

As your feet find new ways of walking, running, sitting, sleeping, movement, non-movement, your heart discovers the connection to the Divine experience of the journey.



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What is it to journey, and how does this become a book of the Essene-ah?
We offer you this, Beloved Ones.

As you find the journey, as you continue a journey, as your feet walk, as your heart expands, then you rediscover the stability of your soul's expression in form.

Learning to Stabilize

To stabilize the expression of the soul in form is to discover the peaceful center of all existence.

Until one is able to stabilize this center, there is great disruptive energy. This energy is a profound gift seeking to offer you stabilization.

When your feet hurt, they call your attention, do they not? When you stub a toe, you must stop and pay attention. And if, indeed, you step on a nail, you find even greater attention.

We offer this to you to first understand that as you wash your feet you will cleanse your soul.

Wash your feet and you will cleanse your soul.

An Essene-ah master who walked in your world, a time whose Resurrection energy is showering upon your world now, you know as Yeshua...Jesus...yes? You know this word. You know the energy of this Essene-a Being of Light.

This one, as an act of divine stabilization of a soul preparing for ascension, came forward and had their feet anointed. This was an act of stabilization, a demonstration of the understanding that cleansing of the feet brings forward the stabilization of the soul.

Ascension, Density and your Feet

If your feet are stuck in mud, your soul will not ascend.

If you walk with the beat of density, then your heart will not find clarity.

To walk with the beat of density is to feel heavy in your shoes as your soul would feel heavy in a body. To carry what you believe is grief is to carry density in a body.

To carry a judgment of yourself is to carry density in a body.



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How does it feel when another says, *"I love you. Let me wash your feet. Come sit, and I will anoint you. Come be in water and let the Loving Presence wash over thee. Let us allow all the accumulation, the tiredness, the density, the heaviness to simply release."*

How does your heart feel when this experience is offered to you?

Within your feet is the great road map of the physical body. The road map of the physical body is profoundly illuminated within the feet of a form that offers you transportation without need of any beast of burden or car of gasoline.

When your feet are attended to, you are attending to your soul energy.

May we offer you a gift?

The Loving Reverence Activation

Turn and hold the feet of the one next to you. *(Or you may hold your own feet.)* Hold each other's feet. Pay attention to your emotions as you are asked to do this. Do you feel comfortable or uncomfortable holding the feet of another as your feet are held?

Yes, hold each other's feet. And as you hold each other's feet, feel the center of the foot first as if it was the heart.

Beloved One, when the Essene-ah were available on your planet as great healers, all treatment began here. *(at the feet)* One could not receive energy unless their feet were tended to first. One was unable to open a heart or free their pain unless their feet were held with loving reverence. Loving reverence.

As your feet are held now or as you hold your own feet, how do you wish to show the one you are touching love? Whether it is you holding your own feet or someone is holding your feet now, can you receive the love they are offering to you?

As you are with another right now, one of you, and we will switch you in a moment, one of you hold the hands on the heart while the other holds the feet of the one with the hands on the heart. One of you bring your hands to the heart while the other holds your feet.

For the one whose hands are on the heart, close your eyes and feel the hands of the one holding your feet as the hands of God touching you with love.



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Feel the energy of Resurrection pulsing from their heart through your heart up into your Divine center. Feel the healing light of Resurrection and gently you say, "Essene-ah. Essene-ah. Essene-ah. Essene-ah," the energy of divine cleansing, the energy of healing restoration.

For in just a moment, holding the feet with loving presence, breathing energy of Essene-ah, brings forward the great Divine soul connection that says, *"I am free. I remember. I am. I am ready to fly."*

And as your feet are held, feel yourself flying. There is nothing your feet need do because you are flying.

And as you are holding feet, feel the pure love of Divine Essene-ah connection. If you are holding feet now, feel yourself in a robe of white, in a robe of white by a beautiful sea where the water flows and the gentle breeze comes through you and you are one with all as all is one with you. This energy enters into your Divine heart, flows through your heart, from your hands, into the feet, up to the heart of the one receiving as a continuous circle of divine light, unification, wholeness, oneness, harmony, healing, restoration, and yes, Beloved Ones, ascension.

Simply breathe. As you breathe now may all hands come to hearts as you gaze into the eyes of the Essene-ah brethren before you, *(if you are doing this without a partner, gaze into a mirror here)*, and you feel an energy stream now emanating from your heart.

It is a golden stream of energy. It emanates from each heart and meets each other in the center where the stream then bursts forth straight up and goes around the body, forming what you would call an "infinity expression."

Each being is sitting in one of the eyes of the Infinite. And when this first infinite cocoon is established from the central point of your two hearts, infinite numbers of infinite energies begin spinning from this center: every color, every light, every symbol, every song, every tone, every lifetime, every experience. And you simply breathe again.

***In this space, you are always healed. In this space, you are whole.
In this space, all is always well.***

Taking in a deep breath, you see one of these infinities coming to your breath. Breathe in infinite energy, breathe in infinite light, breathe in infinite expansion, breathe in infinite understanding, and receive this gift.



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Reach out and you hold the face of the one across from you on each side by the cheeks, with fingers touching temple area of the head. As the fingers touch the temple area of the head, you ignite the area you know as Star Consciousness. And if you do this yourself, you hold the temples of your head and you ignite the area of Star Consciousness.

Hear the tone of the universe ignite through you as you hear the infinite Essene-ah energy cradle in you, and you relax a mind that seeks to control an experience of life, and you release into the Divine loving Ascended Presence that you are.

You simply relax. You simply are. You simply expand. You simply breathe, and breathe loudly.

Release what you call tummy, letting it be very loose...Very loose. And as you allow the tummy to be loose, and as you allow the temple area to show you the heartbeat of your soul, you connect with this heartbeat of the soul.

You feel Divine relaxation, Divine Presence, Divine harmony, and you melt into yourself as you melt into the Universe, as you melt into the Infinity, as you melt into Ascension, and you feel yourselves lifting off the floor, lifting off the ground, lifting into Divine Ascended Energy. And as you lift, and as you float, and as you fly, all is well.

And you take in a great breath, and you bring your hands back to your heart, and you have just completed the second initiation of the Essene-ah.

The Heartbeat of *Tri-A-Saa*: Creating your Ascended Light Body

All healing, all true healing, begins here. To begin here is to float into the heavens. To float into the heavens is to restore the soul. To honor the feet that trod the earth is to stabilize the soul that flies with the Universe.

Beloved ones, and now you rest. You lay down or you sit down. To lay down will offer greater stabilization energy to just be.

And as you lay down or as you sit down, you bring your hands to your heart, and as you bring your hands to your heart and as you allow your feet to pulse, bring all your attention first back to your feet, to the centers of your feet, and feel your heartbeat pulsing through the centers of your feet. And as your heartbeat pulses through the center of your feet, you pull up this heartbeat of stabilized energy to the heart where your hands are now.



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Pulling the heartbeat up to the heartbeat where the hands are, you feel this as one energy. And then you pull that energy up to the temples, and then you create a pyramid. The temples, the outer side, from the temples going up to the center of what you call the exploded crown another pyramid: From the center of the feet to the heart of the body to the temples of the head to the center of the exploded crown.

*This **Tri-A-Saa** energy is the cocoon of the Essene-ah reignited, a sacred geometric form created through the Breath of Light, the Essence of Love, the Stabilization of Soul and the Intent of the Heart.*

To carry this energy is to walk as the Essene-ah in body now.

This sacred and ancient practice that we referred to as "initiation" is only to reinitiate your energy field into the remembrance of this sacred geometric cocoon of Tri-A-Saa.

May you fully arise into your Divine Chamber of Light so that you may lift effortlessly through all energy; so that you may remember the truth of who you are as you are in expression now.

This great gift, stabilized by allowing yourself rest, rest, rest, rest, rest, rest, rest, will illuminate you with great and Divine manifestative recreation and co-creation, and a word we create, *servation*, to serve without any need to know why...To simply be.

You are at a great moment of resurrected energy, and it is not bound by one day on a calendar that exists in linear time.

It is your gift of your self, of your life.

**Feel the energy that many call Yeshua, or Jesus, enter your heart and fill you with love, and remind you of your truth as a Divine Twin Flame of Love, Presence and Understanding.
Feel your body lift. Feel your heart fly. You are the Presence.**

**You are Essene-ah. You are ready to walk with the divine gift of love.
We shall leave you so that you may be with you.**



The following message was delivered through Kira Raa while she was still returning from the Archangelic In-soulment process:

Archangel Zadkiel is saying:

"For those of you that can hear me in this moment, bring your hands together and pray for your planet.

Now, there is no petition other than to just pray for this planet. If you are seeking direction, then simply let your prayer be to send love to this planet to let her know that she has not been abandoned, that she is heard, respected, loved, and supported. And as you offer this prayer, you will receive it."

Zadkiel is also saying that as you offer this prayer, the portal of what we call your "portal of wings" is opening and expanding, and that each time you offer this gift, you receive it. And to remember to breathe, and to celebrate that you are alive right now with a newfound heart, a newfound love, and the recognition of a divine purpose greater than any one soul.

And as you exhale, release all attachment, trusting that your intention has been sent and your blessing has been received.

And then let it go. And so it is.



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