



The Lost Books of the Essene

A Series of Twelve Energy Transmissions



Message Seven: "Reverent Upliftment"

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The Essene Brethren Speak:

Yes. Hello, Beloved Ones. It is a great and reverent moment, is it not, when each is able to celebrate the presence of another with clarity, with joy, and with reverent upliftment.

Reverent Upliftment

We wish today to speak with you immensely about what reverent upliftment is, does, creates and celebrates. Is...does...creates... and celebrates.

*Reverent upliftment is an energy and a process.
It is a recognition and an understanding.
It is all as it encompasses the one.*

Reverent upliftment is not the concept of a mind of density.

*Reverent upliftment is the gift that comes when one is able to surrender
all understanding through the mind and gift themselves with
transparent connection at all times.*

Now, that is a mouthful; is it not? Yes. What does actually mean?

Reverent transparency comes forward through the process of upliftment. If you were to think of upliftment, then you are to limit upliftment. To simply **BE** upliftment...then you are able to surrender into upliftment. And then, reverence becomes a joy, and joy becomes reverence.



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Transitory History

This is a powerful moment in your world's transitory history.

Transitory history is history that is shape-shifted by the inhabitants of an experience who together co-create that which will bring forth the manifest destiny of a great, glorious and luminescent conjunction of all Divine experience.

Now, this is important to understand as we have been transversing many different energies with you.

To uplift is to simply allow. (See Figure A Below) And as you allow, you offer to yourself the gift of Divine Presence. In the gift of Divine Presence, you will find yourself in an Uplifted state. You will feel your cellular structure rebounding.

Figure A



You will feel your energy uplifted in a manner that will support the experience that is coming forward for you to unravel at the time that is unraveling.

Divine Understanding of Reverence

We wish for you to simply move forward in the presence of the great time of Divine understanding. In the great time of Divine understanding, reverence is often misunderstood.

The child may be told, "You be reverent, Young Man, or I will beat you. You sit in that pew and be good." That is to be reverent, to keep the mouth shut. No? These are common ways that reverence is misunderstood at the time of unraveling. And there are many energies that are misunderstood at the time of unraveling and yet they are understood with great perfection for the Divine completion of the energy.

Let us begin. You might say, I thought you already had. We say, let us begin. What is reverence? What is upliftment? What is transcendent joy? If we were to say to you each is the same...each is the same...then perhaps you could have joy-filled reverence; could you not?



Reverence simply, in its manifest expression of Divine Presence, is an energy that says I will not take anything for granted... I understand...with the presence of a Divine energy rather than with the presence of a mind...that every experience is a joy-filled gift.

Every experience is a joy-filled gift. How reverent is that? Very. Very. Reverence does not demand proof. Reverence does not demand one who must seek or be attended to or be told.

Reverence is a celebration of the gift of all experience.

And experience is not limited to the experience of body; is it not? This is one of many experiences.

Becoming a Lightbulb

To be uplifted with reverence is to recognize that to uplift is similar to looking at all of the lightbulbs you have ever seen. Picture that if you could, a lightbulb, a room of lightbulbs, and every lightbulb is turned on, and you say, "Oh, so much light."

And as you gaze at your room of lightbulbs, many begin to pop, pop, pop, pop, pop. What happened to the light? The answer is nothing. It just needs another bulb. But the light is still there waiting for something to capture it so you can see it again. You have many lightbulbs popping around you now; do you not?

Often times your own lightbulb may pop, seeking another way to bring forward light. The body you have right now is a lightbulb, indeed. (There are) many different lightbulbs. And yet the light itself is always in the state of reverent transcendent upliftment. It is simply seeking a manner to be seen.

In your world, and we offer you this lightbulb description, you seek to find light. Whether you are conscious of it or not, it is the ultimate reverent transcendent journey of reunification, light begetting light, begetting light, begetting light, and so you seek it in all. And then with the filter of density you begin to experience disappointment or judgment or similar experiences that say they did not find light there; must turn away. The answer is you did find light there. It was just in a different bulb than you expected. Maybe it was fluorescent, and you said, Cannot be in that room.

The light is always there. The light is always there.

And when you understand reverence with joy-filled transcendent gift reception... we love that sentence...when you are able to come forward with that, then you are able to recognize each of the bulbs. Some are plugged in; some are not. Yet within



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each of the bulbs, the light is there. How they plug in, the wattage that they carry, the length of their life is a Divine upliftment. It is a transcendent journey. It is a great gift.

Tuning Into Light

With the Essene energy that is literally flooding your world as a great spotlight, if we were to carry on this example of light for you, it is similar to a big search light in the night, combing the sky.

*Where are you? Where are you? Where are you?
You are where you wish to be!*

You can choose to jump into the light, or you can choose to not be seen. You can choose to be a bulb, or you can choose to simply not plug in. These are the gifts of reverent upliftment that are yours to uncover now.

In your world there are great patterns of light, and there is more than one light pattern in your world. You say how can that be if all light is light? We say not all light carries the same frequencies. This does not imply a structure of good or bad or higher or lower. It simply is. It is a frequency, like tuning a radio.

If you take your tuner and tune your stations, you may walk into a room and say, Ick! What station is that, and turn it. Yet, to the one who was there, it was perfect. It was not that that station is not emitting. It is simply at a different frequency.

Each frequency is seeking to find a balancing point of transmission with all frequencies now.

And in that choice, there are frequencies that are very bound to the planet in its transitional phase. And as a transitional phase of frequency shift, there will be those who say, I must unplug my lightbulb now. I am ready to simply be here in a different way. ***This does not mean they do not carry light.*** It simply means they choose not to be illuminated. And this, Beloved Ones, in your world now is a vast majority of beings.

You will find that this majority is becoming well entrenched in reverence as a deep, severe, serious issue...so serious this reverence. If you do not take it serious, there are ramifications. And so this serious, ramification based energy that is growing in your world now will create ramifications, how perfect is that?

Ramifications based upon reverence as an understanding of a very deep energy that says I choose not to be available to be illuminated in a stream of consciousness that is illuminating very rapidly now. This is very good.



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And the reason this is very good is because for those who are illuminating, uplifting through the reverent transcendent joy, it will be even easier because the pathway is being cleared.

Clearing the Path: Essene Illumination

If you walk a trail in the woods that has not been swept, you might not know the trail is there. Covered in leaves and dirt and soot and rock you say, "*Oh, my goodness. This is so hard.*"

And yet when the leaves and the soot and the rock are cleared away, the trail is easy and you breathe easier. And what may have appeared challenging becomes, indeed, effortless.

This is why, Beloved Ones, to carry the energy of Divine healing, Essene Illumination with reverent joy is becoming much easier because all paths are being cleared.

Illumination is transcendent and the gift of every experience is fuel for the journey. How you receive that fuel is your choice.

You may say, "*Oh, my goodness. I am empty. I have nothing left to give. I feel that I am depleted. I do not understand.*"

And then you recognize that the experience you have just had also made available to you an endless bounty that will refill your tank for eternity if you choose to simply breathe it in.

To be free and clear of energy that pulls leaves you available to run with freedom.

Without a backpack on your back, you can go further, faster and happier, can you not? And when you understand the limitless fuel that is available for you is 100... 100 percent of your experiences, then how can you ever wear out this beautiful engine?

Your lightbulb has a socket at every experience. Your illumination is limitless, and in this moment, in this world now, you are either illuminated or not. It's that easy.

And it is not that those who are not illuminated now will not choose to be because it is a choice. It is a choice.

And it is not that those who are illuminated now will stay illuminated. Sometimes a bulb burns out. It happens. It is only the mind that says, *How could this happen? That bulb was so bright.* Perhaps they needed more lumens than their power supply could give them. It is okay. And sometimes you just need to rest, and this is okay, too.



To have the gift of Divine mercy for yourself, for each other and for your planet is a great gift to empower reverent upliftment, joyous fulfillment, and the choice to continue in whichever fashion serves your soul without injecting a mind telling you what to do. We wish for you to hear this clearly:

If your mind tells you be illuminated or not, then appreciate the mind, thank the mind, and send it on a vacation. Let your heart inspire your illumination. Let your heart inspire your energy. Let your heart receive each experience of the planet, and let the reverent joy and reunification with Oneness be the fuel that will propel you through all experience now.

Martyrdom and Transition

How you celebrate each moment of each day will determine the next moment of each day, will determine the reconfiguration of your core, and will determine the reconfiguration of your planet.

Many now call out to us often and say, *What will happen when I die?*

We say, *Why do you choose death?*

This is to be taken in many levels. Some may roll their eyes and say, *We all die*, and we smile and say, *If you like to*.

Sometimes the gift of transition is the greatest awakening mechanism your world can offer you, for not only will your own soul reemerge fully awakened, those you leave behind often awaken themselves through the gift of your own transition. You have been living in a world of martyrdom for a very long time.

In your world you celebrate those who, after they transition, you wake up and say, *Oh, my goodness*. And in your world your history has been to literally crucify those who bring forward new energy...literally. Is this an energy you want to continue?

You must look at your own life. Are you crucified for bringing forward your truth? Do you carry the energy of martyrdom? The harmonic DNA of your truth does not carry martyrdom. Your truth does not carry victim consciousness, yet the energy of density, through the severity of the misunderstanding of reverence, carries all of those energies: Martyrdom, victimization, rescuing.

Beloved Ones, it is up to you how you wish to proceed.

When you feel uncomfortable, you are growing. When you feel happy, you are growing. When you feel tired, you are growing. You get our point. You are growing! All-ways. All-ways.



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How you grow, what plant you choose to water, is what will grow. If you water anger, it will grow; if you water love, it will grow; if you water your health, it will grow. You are so expandable, transmutable, harmonic, extraordinary, buoyant, and extremely malleable that whatever you water will grow.

***So what would you like to grow in your life?
What would you like to see grow on your planet?***

The Power of Verbal Communication

Remember, Beloved Ones, you have great power with your verbal declarations. Verbal declarations are every word that comes out of your mouth, not the ones you choose to say because someone says if you say that one way it will make something happen.

Every word is your affirmation.

What are you affirming?

How do you communicate?

In your world there is great, or should we say, greater destruction done by words than anything else. The greatest destruction on your planet has come from the verbal. How would you like to be? What would you like to create?

When you can take even one hour and consciously pay attention to every word you say, you will be delighted, amazed, uplifted, and reverently joyous with what you create. When another seeks to complain to you, you can listen or you can simply be present. You can place your hand on their heart or place your energy on their heart if placing your hand would be scary. And as you place your energy on their heart you can simply smile and you could choose to simply say, *Let us speak of something else. Even if you believe this be true, I choose not to speak of it.*

Consider what you would create in your life if a negative word did not ever come to you by another or leave you from your own volition. Consider the love you would offer. Consider the love you would receive. Consider the love you are. Consider the reverent joy of that experience.

We invite you to test it out. You are a test-ful society. You like experimental. And as you do these, as you understand the reverent upliftment, if you hold that presence for yourself, if you choose, then your lightbulb cannot burn out because it is infinitely filled with energy. And with each word you are committing a choice to great luminescent light, love, presence and sharing. This is very, very, very Es-see-nah.



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The Es-see-nah Practice of 17

In the time of the Es-see-nah that your current books write about, 17 years of your lifetime, once within an Essene community, would be spent on conscious verbalization. And, until every word could be offered with joyous upliftment for all and for the self, a word would not be spoken. So there was much silence until you can practice.

And so we encourage you to practice, to smile, to understand...Reverent upliftment. You are Reverent upliftment. And as that, all the lightbulbs illuminate, and you are illuminated.

Your world now has come forward so fast you do not need 17 years. You could do this in 17 seconds, if you choose. 17 seconds, if you choose. 17 months if you want. 17 years, if you think you really need it. It is okay. We invite you in this moment to take 17 seconds and anchor the gift.

We invite you to bring hand on heart, if you so desire, and with your hand on heart, you may wish to close eyes and we are simply counting seventeen. And as we count seventeen, visualize your life where every word said to you, every word said from you, supports love in all of its expressions.

***Here we go. 1...2...3...4...5...6...7 ...8...9...10...11...12...13...14...15...16...17.
Es-see-nah.***

How were those 17? Yes. And if your mind sought to control the seventeen, then you smile, knowing you can always do it again.

And to end with a breath of Es-se-nah will reconnect you to the ancient temples of wisdom that exist within you...will reveal the books of knowledge you are ready to bring forward again, will bring forward the gift of Divine intuition without doubt. Seventeen, Beloved Ones, is all it takes, 17 conscious breaths. You can do this yourself.

You may want to get 17 little beads on a string...17 little beads on string. You might want to wear them on your wrist or carry them with you, and you breathe each bead, as with each bead you feel.

All words are just. All words are positive, those I receive, those I share.



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Seventeen is all it takes.

And, Beloved Ones, when you take the one and you add the seven,
you will find the archangels waiting for you in the 8.

And when you take the 8 and you lay it on its side, you will find infinity, and it has
always been just 17 breaths away.
And so it is, Beloved Ones, and so you are.

We will not take questions because it would engage your mind, and you may
inadvertently ask something that would violate the gift you have already received.

So if you had a question, or if you have a question,
just count to 17 and it will be answered, as it already has been.

**Reverent upliftment. Reverent upliftment. Reverent upliftment.
1 plus 7 is 8...is the infinite.**

All is truly well, Beloved Ones, and we thank thee.



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