



Message Seven of Twelve

Re-leasing Addiction to Density

*Through Wisdom Teacher Sri Ram Kaa & Master Lady Kira Raa
Delivered at TOSA Ranch May 06, 2006*

Archangel Zadkiel Speaks:

Yes! Hello. What a glorious place to be. We look through the eyes and what do we see? You! How glorious. Indeed! IT...IS...most glorious.

Succinct Knowing

It is the time, indeed, for succinct knowing. YES! Dear Ones, it is time for understanding that in succinctness comes all knowingness. It is imperative for spending less time doing chit-chat, discussing, what about, could be, don't know, maybe, if, how come, you could add to that list, could you not? Yes!

Succinct knowingness is most powerful and profound. In succinct knowingness is the truth of all that is. In the truth of all that is, in succinct knowingness, there can be no doubt. All doubt dispels because there is no chit-chat about the "what if" scenario.

You know this "what if" scenario? Yes! What if, how come, why not, maybe. The "what if" scenario is a procession of non-succinct being-ness. Within what if mentality, one is clearly known by the power of their brain rather than the energy of the soul.

Which do you wish to be?

A powerful brain, or an energetic soul? Indeed! There is a great difference.

In the power of the brain you create much brain food! And the brain desires to be fed often. Indeed, the brain is felt, fed and offered many collections of many energies with every declaration of doubt and fear.



Every declaration that is not in succinct harmony with the energy of the soul. Your soul understands harmonic balance.

Your soul is an energy that floats in a harmonic universal pattern, as you may say, a geometric schematic that has it's own energy and understanding.

It has lovingly agreed to be present in your vessel for all that you wish to experience. You say, "Zadkiel we hear it, we hear you, we hear this, is not what you are talking about a separation in itself?" We offer you this, only if you empower the brain and deny the energy of the soul. Yes.

There are many who are in separation within. Many who have very powerful brains, do they not? In this moment call to your own knowingness. In this moment how you would see one who has a powerful brain. What does that image look like for you, in this moment? Who do you see? What do you feel? Why did you call this one forth? Who, what and why?

In answering these questions, you will reveal your own BE-ing-ness, your own framework for energetic soul disruption. For the one that you have called forward in this minute is modeling to you that which still is permeating on the surface of you own soul recognition.

We are not saying you are living there, we are simply offering you a gift of recognizing many, many energies. You are at the time when these energies must come back into succinct being-ness. Succinctness.

Succinctness is indeed an energy that offers clarity, all-ways!

Yes! So as this offers you clarity in all-ways, **imagine**, what would you be like in this moment right now with crystalline clarity. **It is your birthright!**



IT...IS...you! In succinct BE-ing-ness you fully embody the harmonic energy of soul recognition, so that every-thing offers you crystalline clarity.

Accepting the Gift of Crystalline Clarity

All you simply need do is focus and the clarity is there! Ask and the answer is received. Recognize and be present with your own gift of knowing. And yet, you doubt. (*Audience member nods yes*). Many doubt.

What are you doubting? You are doubting the crystalline clarity of your own being-ness. Everything else that you doubt is a manifestation of the power of the brain. Everything.

Sometimes that is a hard pill to swallow. You say why can't I swallow this pill, it is uncomfortable. Well of **course** it is! It is not natural for you to be in that state of being-ness. Succinct being-ness. Crystalline clarity. Integrity with the energy of your own soul.

When you fear, you are doubting, are you not? You fear because you doubt Divine intervention. Or you doubt Divine presence, or you doubt Divine recognition of all that is unfolding before you now.

Dearest beloved, wondrous beings of great Light, magnitude, depth, harmony and joy: We implore you to be at the time...now... to have crystalline clarity in ALL that YOU do.

It is a great gift when you give yourself crystalline clarity. It is a great gift when every-thing you do is because YOU...KNOW...the truth.

To unfold your arms of doubt and denial and to open up your heart into the truth of your own harmonic understanding.



Recognizing and Releasing Pain

Dearest children, understanding succinct being-ness and your own crystalline perfection, remember the Four Knowns¹. Remember that you are **not** your body and that the mind **is** your servant.

Remember to be in integrity at all times.

This one piece, to BE in integrity with your soul at all times, that one simple little thing, changes everything. Every-thing.

When do you sell yourself short? When do you compromise? When do you let others take advantage of you? When do you not feel joyous yourself?

You know this drill, hmmm. At times you do. Ask yourself, what in my beautiful harmonic soul needs to be remembered? It is not ever the one before you causing the pain. It is your own soul reaching out, that is asking you to pay attention.

Pain is a powerful attention-getter, is it not? Any form of pain will get your attention. All-ways, with hyphen, yes! It is important to KNOW this.

The Cycle of Addiction to Violence

Dearest children, you are in a cycle right now, on this planet, involved with 3 other planets, two of which will appear within your solar system recognition, one by the end of the year, one by next year.

You are in harmony with these planets, these planets are coming forward right now to support the end of the cycle of the addiction of violence. There is indeed an addiction to violence present on your planet that has been supported by other planets to help you culminate and go deep in this addiction.

¹ Direct reference to Lesson Six of this Series, The Four Knowns.



Many, many, many, many of you know of addiction. YES! You talk about addiction, this one is addicted to this or that, 12 steps this, 12 steps that. What if we offered you one step? Could you do one step? It's not easy to dance with one step but you can do it! Yes!

There is one step to breaking addiction: Commitment to understanding you are in it. That is the step. Everything else is the process through. And the step begins with your commitment².

You are here! You are already committed! It is about remembering your commitment. Remembering who you are! Succinct being-ness. Everything is crystal clear, no confusion, no doubt; therefore, there can be no separation.

As you recognize that you are breaking a planetary, inter-planetary and galactic cycle, that has supported beings of Light to enter into an addiction cycle, you are already standing forward as a mentor.

Do you understand mentor? Yes! YOU...DO.

Standing as a mentor is to stand in your true power, filled with the Light of knowing, and un-knowing. You are able to move forward in all-ways. You KNOW crystalline clarity so that others may break their addiction.

Why do you think we have asked you to make choices? Why do you think you have made these choices? It does not matter what the choice is, whether the choice is one or another, each choice made from the depths of soul recognition says I am committed to breaking the cycle of addiction, one way or another!

Addiction as an Empowerd Cycle: Breaking Free

All around you, Dearest children, there is a cycle that is empowered, an addiction to violence. Now this has many manifestations on your planet.

² *Steadfast Commitment, Focused Awareness and Complete Trust is the Framework of Support for Ascended Consciousness.*



Many are addicted to violence by not knowing their own self-worth. They allow themselves to constantly not be rewarded for being present. They allow themselves to give until there is nothing left, yet they do not receive.

Until you learn how to receive you are not giving from a place of wholeness. You are giving from a place of violent addiction and actually feeding the addiction.

Help each other break the cycle of addiction! Grab each other by the hands, cry in each other's arms, hold each other, remember, gaze into the brilliant star energy that you are one to one in all-ways, all the time.

Can you do this? Can you hold this energy of pure soul recognition 24/7?

If you can't, then good for knowing, **practice!** It is who you are. Can you meet every opportunity from the shining Light of receiving the gift of the opportunity, even when the opportunity of what you call the scale of humanness may seem to be not comfortable.

Can you see the greater Light? Can you see the greater recognition? Can you stand firm in a commitment to break the cycle of addiction? Can you?

This violent addiction has come into a great warble. This warble is most present on your planet now in the form of many, what we would call unjust war, aggression, killing, as you would say.

It is an addiction, and many enjoy watching the news of this violence. Many are addicted, they must see it every day, and must complain about it too. That is also an addiction. Must talk about how terrible it is while they are watching and reading, that is an addiction.

Dearest children, it is **imperative to KNOW**, that as you lift into the 5th dimensional energy, addiction cannot exist in that energy. This is a final



step, you have entered the home stretch! AND! Thank goodness you have done the work, as you say, because everything is culminating now.

Recognizing the Energy of Ascension

You are seeing many mass ascensions, what a beautiful gift. What a beautiful gift. You will all know those involved. There is not one among you that will not know one involved, not one.

It is important to step into your own empowered soul energy and relax the power of the brain. Power of the brain versus empowerment of the soul energy, there is a great difference, dearest ones, a great difference.

When you are driving on the street and the accident is on the other side, do you stop? Must you look? Pay attention because that is what is happening, that is the addiction. That is the metaphor for all that is happening. What must you look at? What to you feel compelled to engage in?

Take inventory now with your-self and re-cognize one thing: if you are compelled to engage in the addiction of violence, then engage in it!

Many say how can this be?

We say, Dearest children! Remember! ALL choices are in divine perfection now. If you truly choose to stay in the power of the brain, then you will need to very much be in the power the brain. If you do not, the choice will be filled with confusion, emotional upheaval, and chaos that will be unbearable. If you choose to stay in deep density, you must dig in deeper. You must.

If you are choosing to truly say, I stand as a mentor of one who says I re-cognize there is an addiction to violence in ALL, and I re-cognize that as this addiction to violence is present, I stand as a mentor breaking free of this



addiction. Then you must stand very clear in that too. Both choices are in divine perfection.

Accepting the Chosen Path of Others

Many say how can that be? Why should we do all this work and be goody-two-shoes as you say, when those who go and do density, it's just going to be good for them too? Quite literally you are at the time of great energetic upliftment, and ALL, all, all on the planet, and beyond this planet, are indeed reunifying. How your reunification integrates, will be up to you...will be up to you.

We implore you, do not worry about the relatives so much! Often we hear, "What about my son, my daughter, my grandchild, my husband, my wife, my brother, my sister, my mother, my father, can't I load them in a van and take them with me? Can I just blindfold them and say come on a little trip?".

It is important to stop worrying about them. It is an addiction. Your worry is an addiction. You are addicted to worrying.

What if, you could actually, indefinitely, be in gratitude for them modeling in front of you, divine trust? That you could say, "Wow, I am so grateful they are having this little tantrum experience. I am so grateful they think I am quite crazy and stupid or whatever, because they help me to empower my trust of divine service. Thank you."

If you worry, if you obsess, if you shift because of another, even that which you call a biological relation, then you are still addicted to drama.

You must come clean with this within your-self. Can you love them all through their experience? Re-cognize that your very presence, You, Your Presence, Right Here, Right Now, Is the Gift! Is the Service!

Do you want to model addiction, or do you wish to model the freedom that your mouth, your words, wish to tell them about.

Your words are meaningless Dearest children.



Can you argue with a drunk? No! The drunk will never hear you! You are in a world where ALL...are addicted. How you respond to the addiction is how you will create your service.

You are the greatest, most beautiful, Divine, precious, Light-filled, stunningly wonderful BE-ing that has ever been. Know that. Model that.

When you see your own addiction coming forward, gift yourself by saying, “Wow, there it is! I can model not being addicted!” When the One you love so much throws their tantrum or demands from you to enter into cycle of drama with them, love them for offering you an opportunity to simply honor their experience.

Discernment versus Interference

Avoid misunderstanding the gift of discernment, since many will say, “That sounds irresponsible, I have to do something.” The ego says that, yes. The ego will always say that. If you are dealing with a young child, an adult must be available with discernment. Yet, when does one help and when does one interfere?

Help or interference is a very challenging thing to look at when you are in the addiction cycle to violence, chaos and drama. When you are not filled with Light, when you are not coming from your Divine heart, when you are giving to give without receiving, know that the service is indeed interference, not assistance.

You can go to your heart, breathe in deep, and be on your own terms with your soul by simply saying, “I surrender to the Divine, I trust this process!” The Divine response will come forward in front of you.

The Divine response is without worry, preoccupation or guilt. If any of those are in your factor for responding, it is not of highest service.



Worry, guilt. A sense of self-worth. Many in the addiction to violence find their self-worth by conquering other countries, do they not? We must be more powerful than you, so we will just simply annihilate you, see how important we are?

***It is important Dearest children for you to re-cognize, you are at the time of great, glorious global awakening!
You are also at a time of great, glorious Universal awakening.***

It is time to do more than talk. It is time to say: "I recognize that I have chosen to be in this glorious world of addiction, how fun! It is time to be a mentor of Light." If you so choose!

We encourage you, be really addicted, or be a mentor. It is that simple.

We recognize that this can be challenging to hear and Dearest children it is time, and you are ready to hear this. How you respond is up to you! How you move forward is still your choice! You **all-ways** have choice. YES!

ALL are integrating, all are reunifying, how you choose to do this is still your choice. And we ask you:

When is enough pain, enough pain?

When is enough chaos, enough chaos?

When is enough drama, enough drama?

Do you wish peace in your life? Do you wish more love in your life?

Do you wish more joy in your life?

Then be succinctly here!

Offer yourself the gift of crystalline clarity, in everything that you do.

Practice to Integrate Succinct Crystalline Clarity

Bring your hands to the area of the star, right above 3rd eye³. Yes. For many of you here, the cycle of many belief systems has patterned through,

³ Reference to Star Consciousness.



so your star consciousness opens only periodically. We are offering you an opportunity to break through.

Breathe in deep. Yes! We offer this opportunity to truly touch, know, receive, and be present. Yes! Feel the warming rush of that which is Divine energy. The energy of the soul that holds onto you, that allows all Succinct Crystalline Clarity to come forward. The place where you are able to see others as the truth, as you see yourself.

The place where there cannot be addiction because there is no fear, no doubt, no separation, no anger. There is only alignment. Breathe in. Yes! As you open this area more, your heart will open more, your heart will stay open, and your heart will be.

Breathe.

Are you breathing the breath we offered you⁴? It is important if you wish to stay more succinctly clear, to practice the alternate nasal breath often, even once a day.

Dearest children you are now taking giant leaps. In the giant leap, in the stride that is bringing you ever greater vibration and integration, breath, deep breath, alternate nasal breath, bringing the tongue up to the palate will help you. Do it! Or not. It is up to you, whatever you enjoy.

If you wish to stay in density, we wish to offer you this, we love you dearly. For those of your family and friends that have made their choice to stay in density, know that they are just fine, they are ok.

***They are having their experience, they are serving well,
as are you, in your choice.***

⁴ Reference to the breath practice as taught in Lesson Six, *The Four Knowns* of this series.

© 2020 The Temple of Self-Ascension® All Rights reserved.

*This document may be freely circulated provided that the entire copyright notice is displayed.
Learn more about Sri & Kira and the Yoga of Self-Ascension at www.SriandKira.com*



If there was only one gift you could gift yourself in this time now, it would be to accept your choice with loving reverence so that you could truly love and have no judgment about the choices of all around those around you.

***See them for what they are. Understand. Be present.
You are ready. You are growing up! Wow! IT...IS...a beautiful gift.
You are divinely ready. Questions...Yes!***

Question from the Community:

Question: What is the most direct path?

Archangel Zadkiel: The most direct path is the one that for each BE-ing opens their heart to their own direct expansion through joyous re-cognition that everything is in Divine order.

From the Archangelic realm, we offer you energetic pathways, so that you may find that means. There are many, many, many pathways, all leading to the same path, the one path where the joyous divine recognition and the opening of the truth is undeniable, all-encompassing and graciously received.

There are many pathways to get there. If you had a big circle, it would look like many spokes leading to the middle, yet in the middle, in the center of that big circle, it is all the same, just each has taken a different way to find that way.

You ask this question Dearest child because we see you are a seeker, because you are searching, because you are tearing at your heart, saying now, I am ready, please. Dear One, you must simply allow yourself to say enough searching, I choose! Only you can make that choice. Many blessings.



Question: Would you speak of the new children coming on the planet at this time?

Archangel Zadkiel: We **love** speaking of these children. Is it not wondrous to see these children? Little beings of crystalline energy, oh so happy to be here, and many, many, many of them will not be here too long.

There will be in many, many countries a great rise in what you call birth defects, and children who will not live past 2-3 months. You must recognize it is because they are offering completion to the soul's that have been on the planet.

Every single child without fail that is coming onto the planet now is 100% whole without any karmic debt, without any need to be here other than pure love, pure service, pure love, pure service, every single one without fail. Take that in, yes! (*Audience says wow*). And guess what?

There are more of them than there are of you in body. And so there will also be in many places, population Quasplosion⁵! (*Audience laughter*). How's that for a word, quasplosion! Big! Huge! YES! There will be many more coming, and there will be many who will stay a very short time. There will be a great quasplosion of energy because of their presence. Cherish these children that have chosen to come in. They are, indeed, much older than you. Many blessings.

The Benevolent Ones begin speaking through Kira Raa...

Hello. With Divine gratitude and blessing, we offer you today a sea of harmonic love, an ocean of understanding, and the blessing that YOU...ARE...indeed, in the perfection of you own power, recognition, love, servitude and presence.

⁵ *At the time of this insoulment the world population was at 6 billion and has indeed expanded exponentially since this declaration from the Archangelic realm.*



We stand here as a multitude of 1000's today. We have brought many brethren with us so that you may receive your brethren and take them with you. They have waited eons to do this. You create tears in us, (Kira's body begins tearing profusely), for we stand humbly before you, the enlightened brethren of Su'phalla.

It is a Divine dispensation of the Elohim to bring this to you now. You will be challenged very shortly on this planet. AND! You must know YOU...ARE... not alone.

We come to you now so that you may all-ways be in Divine Union without efforting to call in Divine knowing. We offer you this gift so that you may bring it to many.

We trust you to do this. We know YOU...ARE...and we love you beyond space, beyond time, beyond that which is of causal understanding. YOU...ARE...lifting into a greater presence of knowingness and being-ness, and it is in Divine servitude that we do this for you.

Open your mouth, breathe in. Yes. Wide. *(Kira's body demonstrates very wide, open jaw and mouth, yet is still able to speak).* Release the jaw. *(Audience members coughing).* Yes! Your jaws have held you from this pain. Your jaw tenses and prevents energetic connection with the Divine.

We are here! YOU...ARE... us as we are you. We love you, relax.

Connect with this open jaw again every day for 14 days. This is ALL...and IT...IS...a lot. We are all-ways with you.

You are safe. You are safe. You are safe. You are safe. You are safe. You are safe. You are safe. You are safe. You are safe. You are safe.

You are safe. And all is well. Blessings. *(The Benevolent Ones Gesture with both hands from Kira's 3rd eye, out).*



Message from Kira Raa at end of session:

They are saying, I am seeing and hearing: *“We are the 12 Buddha’s of the Golden Light. We have come forward to offer you the mudras, (Kira’s hands are moving quickly in many positions), that offer you freedom and love and that you may fully integrate. We humbly stand witness to this ceremony and we will be with you.”*

They’re all bowing, they’re just all bowing, saying they are witnessing you. And they’re sealing this energy for you. It’s all about this golden energy, this golden, golden energy and there’s water. I just see water everywhere, there’s tons of water. ***They just keep saying, we are the 12 Buddha’s of the Golden Light we come to witness, we were asked to witness this event.***

They keep calling this an event, that this was a date in history, a known cosmic event that has happened in many dimensions at once, you have joined forces with 11 dimensions. This was, they keep saying, this was a simultaneous broadcast, whatever that means. I can’t talk...

Sri Ram Kaa concludes:

In the reunion of the reintegration of the remembering of the connection, there is a kindness that you must bestow upon yourselves.

It is called loving acceptance. It is called loving trust, for we are still carrying these bodies. Be oh so gentle with yourselves. Be oh so loving with yourselves.

And in that, feel the love that is surrounding you, all of the ones that have come back to stand by your side, to say yes we are here, yes we know, yes we will serve together.

