



**The Lost Books of the Essene
Message Three**

Breath of Light: A Journey of the Divine Soul

Originally Delivered December 27, 2008 Taj Mahal, India

Through Wisdom Teacher Sri Ram Kaa & Master Lady Kira Raa
...unlocked at TOSA Blue Mountain, Ecuador, November 01, 2021

The Essene Brethren in unification with the Benevolent Ones & the T-12, share through Master Lady Kira Raa:

Hello. With great reverence, we bring YOU... the joyous news that ALL...IS...WELL. In the great reverence and joyous news that ALL IS... indeed well, we welcome YOU... to a journey of journeys.

BE-ing the Journey

What is a journey? To begin... to journey implies both a beginning and an ending; does it not? Yes! To BE the journey... is to understand your limitless gift. To BE the journey... the journey of the Divine soul, is the book we bring to YOU... today.

You enjoy this book? Yes! IT IS good. The journey of the Divine soul, BE-Loved Angels, in the time that called the Essene -- we wish to unravel time for you.

When we speak of the time of Essene, or Es-see-nah, you may immediately think, "Oh, the time of what many call the Christ energy." Yes?

And!

The journey of the soul, the journey of the Es-see-nah, indeed, is one that has been, began, begins, and continues, in ALL-ways without end. IT simply IS. IT...IS.

And, as IT...IS...YOU...ARE.

AS IT IS...YOU ARE!



To understand the journey of the soul is to let go of what you have experienced as the definition of soul.

To define a soul is to limit a soul.

To try to explain the soul is to rationalize the expansiveness of energy.

To be able to journey in a continuous form...as a beautiful circle without beginning or end, is to re-cognize that ALL experience of the Divine matter stream of light, love and energy...IS a Unified Experience.

We give your brain a moment. Yes.

The Birth of the Es-see-nah Energy

Let us begin. Eons after eons after eons ago, in an eternal loop of end-less time and limit-less expansion, was a moment of the Divine re-cognition of expansion. A self-awareness, as your brain of form would seek to interpret.

From that self-awareness, we catapult to this world and the Es-see-nah energy that was born of the heart of your soul... which is **one energy¹ of Divine love.**

*To birth this energy... to birth this re-cognition...
is to re-cognize the gift of Presence².*

*This energy... conjoined, or perhaps better way to say, married,
the stream of Love to bring Presence into manifest form
as part of the journey³.*

Thereby it was a, "twin energy" that came forward and declared:

"We will come, BE and play, in a world of Divine Expression... as part of the eternal journey, that is in motion, ALL-ways."

¹ Birthing through ONE energy into form is often the moment that consciousness "adapts" the "belief system" of "A God" through the lens of the experience of form and the need to quantify, categorize and identify...to essentially adapt to limitation.

² This is the reminder of the Miracle Formula: Sincerity + Love + Presence = Miracles...ALL-WAYS!

³ THIS IS REVELATORY... "evidence" of our limit-less capacity to expand our vibrational experience WHILE CARRYING A BODY of form. To BE the walking mastery of your Divine Presence IS the journey... the essence of the Yoga of Self-Ascension.

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As this energy was presented, or encapsulated, or impregnated, into a world of receptive harmony... energy birthed IT-self. Birthing IT-self in many forms. Oceans, mountains, trees, air. As IT, formed IT-self, the energy, in a form-less expression sought form to *play* with the oceans, and the mountains, and the trees and the air. IT... began to form IT-self again. Some of this energy blended with the energy of the soil of earth. You have heard the expression "dust to dust," ? And, some of this energy did not blend.

Through the expansion of Knowing the Divine Mastery Presence of the journey, in conjunction with the expansion of love, your journey expanded.

BE-loveds, the Essene of the time of your Christ was part of a journey, and was neither a beginning or an end. For the pure energy of Es-see-nah, has been... ALL-ways. The manifest expression of this energy has expanded IT-self into a self-expression.

Seeing Your Self

How does one maintain the harmony of light when in among energies that are different, seemingly similar, yet opposite? Energy that reveals It-self in direct opposition, or the yin and yang, of the same self?

As you gaze at the left side of your face and then the right side, there is a difference. There is not dark. There is not light. There is simply the left side and the right side of the face. And when they face each other, they will either attract or repel.

In your world, many say "manipulation." "What has happened?" "How can this be? How can life allow?" IT IS... your-self gazing at YOUR-SELF. Do you like what you see?

*When I gaze at YOU, YOU gaze at me.
When YOU gaze at you, you gaze at YOU.
When YOU gaze at YOU, your Es-see-nah heart births,
For YOU can only gaze at YOUR-self⁴.*

⁴ This is the consciousness experience of the adaptation to Multi-dimensional conscious awareness. The Ninth dimensional witness of the Seventh dimensional Witnessing of the Fifth Dimensional Witnesser of the Third Dimensional Witness of the experience.



In every expression and every way, to understand the self-revelation of the journey, to experience the self-revelation of the journey from the conscious connection with the One energy... a pool of energy coagulates into form as a physical reminder of “the you.” Many call these energetic pools in form, “prophets.” They are... simply you. YOU ARE... the prophet. YOU ARE... also the sinner.

Why would you worship a prophet if you do not worship yourself?

Understanding Energy in Form

To understand these markers of energy restores to your-self the recognition, awareness, and Divine Mastery Presence to understand that choice. We give an example. At the time of Christ, which was the fourth incarnation of your-self as prophet, there was an Essene community that had existed for many thousand years prior and was now at the moment of the self-staring, self-creating planetary creation energy that birthed, “We wish not to see any more.”

This is when the energy of the Essene in form was, what some would call, attacked. To attack means *I wish not to see myself in this form any more*. So this form was challenged. To challenge a form... empowers an energy that is rising as a collective conscious need to experience.

Do you understand this? As a collective conscious need to experience arises through the planetary thought body, the one... gazing at THE ONE... must make a choice⁶.

As any one chooses to shift form again, the energy is like that of the water of the heart pouring into a planet. Not leaving, simply waiting for its re-ignition. The moment when that time of the ONE... is ready to see THE ONE. As you see THE ONE within THE ONE, how do you choose to call forward your journey and the energies that cannot go away?

ALL this energy, ALL this expression, ALL this light, love, presence, patience, and Divine knowing is ever-present... here.

⁵ The moment of the self-revelation that there is not any “thing” that demands worship as you embody the remembrance and full harmony of the form that is housing YOU ... AS the journey. To fully learn to PLAY with the energy and anchor JOY as your birthright. The first moment of HEALING outside of the illusion.

⁶ It is simply too strong a “coincidence” to not notate that this insoulment was unlocked on November 01 2021, the day that ALL humanity enters the Choice.



It does not go away regardless of perception, persecution or distraction. It patiently waits for the moment of the collective heart to remember:

“IT IS... time now. I shall find it again.”

In this world of perceived solid matter, you have many, many crystalline brethren that hold these energies. In the time of this world now, these crystals are being discovered... again. Finding homes... again. Igniting conscious re-ignition... again.

This is only one way. There are many ways. Your world her-self is now saying, “IT IS... time for me to melt away a covering of areas that will release great energy... again.” She is on a journey, too; is she not? Yes! Her journey continues with your journey. It is not one without the other; IT IS... one journey. She is assisting and revealing great energy centers that have long been patiently waiting.

There is no-thing you can do to force a shift when YOU all-ready ARE the shift.

Embracing Peace

*The journey of the soul is simply the journey of love.
The self... finally at peace... with the self.*

To BE peace when you gaze in the mirror. To gaze at ALL as Divine mirrors, is the Es-see-nah way. With complete peace, there cannot be illness or disharmony. When YOU ARE at complete peace with “the self”, YOU only manifest in a manner that serves all.

This peace can not be defined. In your world, peace is often misunderstood. Peace is a gift that comes from KNOWING right action. Arising from your heart because YOU ARE comfortable gazing into the mirror of ALL eyes. When you gaze, YOU see YOU. When you gaze at each other, YOU see YOU. When you gaze anywhere, YOU see YOU⁷.

*When YOU KNOW this peace... you remember your soul's journey.
And when you remember your journey, YOU ARE... ready for unification.*

⁷ A power-full reminder of Archangel Zadkiel's important sharing of wisdom: “Keep your eyes on the Divine at all times...and have a good time doing it!”



Your journey has no beginning nor end. IT simply IS. In that Presence and recognition, your world unveils every-thing.

The First Initiation of the Essene Brotherhood
(See pictures and expanded instructions at end of this discourse)

When you bring your hands this way, as we have done, simply hold your attention here. Feel the energy field ignite between your hands. Yes! IT IS... most beauty-full. As YOU feel this energy field ignite within your hands, draw in breath from it. Yes! The Universal Field ignites within YOU... again. IT IS... that simple. IT IS... that easy.

This ancient practice was the first initiation of the Essene Brotherhood. We offer this initiation to offer your-self the recognition,

“In this hand is me. In this hand is my reflection. The energy rising here is in Divine harmony and peace. I sip this energy into the breath of a body in form and invite my heart to relax and anchor this gift.”

When you feel complete, bring the hands here and send forward this blessing. As you send the blessing forward, then bring the blessing within. This is the first initiation that ignites the release of the mind of density and re-ignites the re-cognition of the journey.

*We love you.
We are so delighted that your world is ready to reveal to YOU...
as YOU ARE ready to reveal to your world.*

May your blessings not be counted because they are limit-less.

And so it is.

And so it is. (audience response)

Sri & Kira **I AM...**
The Lost Books of the Essene



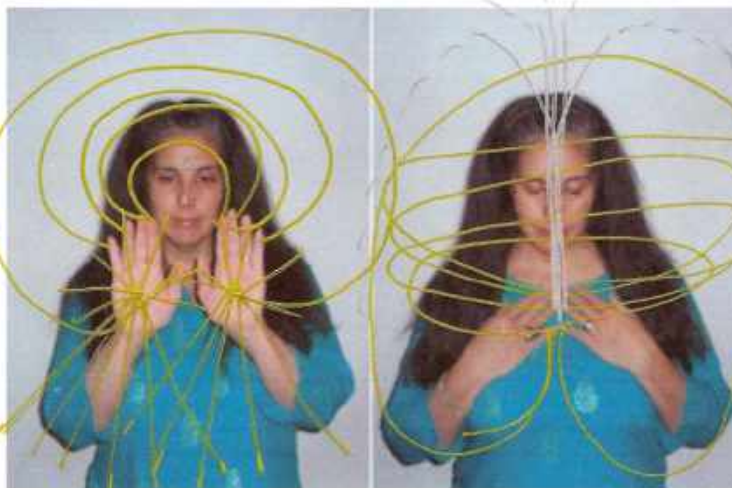
*Bring me hand up
 first. Activate soul to
 meet hand on each
 of palm
 flow
 reflect up*

*1st Sip - three times
 slowly & deep
 exhale after words*

Palms Facing

Breathe the Energy

1. The first position is to hold the hands in front of the heart, palms facing and feel the energy grow. The example was one hand is 'me' and the other hand my reflection (world).
2. Then sip the energy from between the hands and take in the energetic gift to center yourself in Beingness.



*Take in breath
 prior to
 spreading hands -
 Ignite all energy*

Palms Out

Palms to Heart

3. When you are at Peace then offer the gift to the world (hands face out).
4. Then offer the gift to your body/self - hands palm to heart.